

Holy Spirit Parish Nurses
Meeting Minutes

December 11, 2016

Our Mission: *To promote health and education with in our Faith Community by focusing on prevention and health promotions.*

Present: Audrey Sabol, Shauna Cook, Theresa O'Neil, Theresa Hopkins, Susan Hannula, Rita McKinney, Anita Miller-Dougherty.

Meeting opened with the Hail Mary

Old Business:

- I. "Stepping On" program
 - a) Theresa O'Neil will get in touch with Beth to reschedule Fall Prevention presentation.
- II. "Flash Mob" idea for students was revisited
 - a) Still in process
 - b) Aubrey will talk to class to see what the kids think or are even interested.
- III. Coffee and rolls for Parish nurses is scheduled for August 6, 2017 for both Masses.
- IV. Women's Day of Prayer. Feb. 26, 2017. Sandy Robinson, our speaker has chosen a theme:

"To Pray ALL Ways".
- V. Art Hernandez from Echoz came and gave a very informative presentation on their program. They are very interested in donations of money or items for baby care.

New Business:

- I. Blood Pressure sign up: January 8, 2017 0830 mass Lori Durocher
February 5, 2017 1100 mass Theresa O'Neil
March 4, 2017 1630 mass Theresa Hopkins.
- II. Monthly Education presentations to begin in 2017. Potential suggestions:
 - *January - Fall Prevention before 1630 mass about 1430 or 1500
 - *February - Women's Day of Prayer
 - *March – Basic CPR for the parish (?)
 - *April – Parish "Baby Shower" for Echoz (?)
 - *May – Echoz Baby Bottle project
 - *June – Collect Baby Bottles
 - *August – Coffee and Rolls on the 6th
 - *September – Flu, Cold and Shingles prevention to parish (?)

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*October – Men's Day of Prayer

Next Meeting: January 8, 2017 @ 0945

Closed with the Lord's Prayer

Respectfully submitted,

Audrey Sabol