



Holy Spirit

Catholic Parish and School

July 1, 2018

Worship Centers: Holy Spirit Catholic Church, 201 44th St. South Holy Family Chapel, 2800 Central Ave.
Parish Offices: 201 44th St. South Great Falls, MT 59405 Phone: (406)452-6491
Parish Office hours: Monday – Thursday 8:30 a.m. – 4:00 p.m., Friday 8:30 a.m. – Noon
Fax: 452-6495 Email: hsparish@holyspiritgf.org Website: www.holyspiritgf.org

School: 2820 Central Avenue Phone: 761-5775
Email: jwichman@holyspiritgf.org web: www.holyspiritgfschool.org

Check out FORMED.org. Our parish code is PGMJZ

WE, the people of Holy Spirit Catholic Parish of Great Falls, Montana, created by God, centered in Jesus Christ, and empowered by the Holy Spirit, are sharing our journey of faith,

WE are committed to upholding our faith, strengthening our families, and being a joyful people of prayer.

WE strive to be the Lord's presence on earth by welcoming and ministering to all people with compassion and hope. Rev. March 1999

"There is no place for selfishness and no place for fear! Do not be afraid, then, when love makes demands. Do not be afraid when love requires sacrifice." ~ St. John Paul II



Mark 5:27-28

"If I but touch his clothes,
I shall be cured."

Fellowship Dinner~

June 30, 5:30 pm



Please join us as
Pam and David Birkenbuel host
our dinner of **Indian Tacos!**
Make plans to join us!

Fellowship Lunch~

July 3rd, Noon in the social hall

Both of these events are
Free-will offering and open to all!



Fellowship Meal

There will be NO MASS
Wednesday, Thursday or Friday
July 4-6.



In celebration of July 4th, the
parish office
will be **CLOSED**
July 4-6, Wed-Fri.
Have a safe, fun holiday!

Thirteenth Sunday in Ordinary Time, July 1, 2018

Holy Spirit Parish Weekend Mass Schedule

Saturday – 4:30 p.m.

Sunday – 8:30 & 11:00 a.m.

Daily Mass Schedule

Holy Spirit Day Chapel:

Tuesdays 5:15 p.m., Wednesdays & Thursdays 8:30 a.m.

Park Place (3200 15th Ave. S) **2nd** Wednesday each month 2:30

Highgate (3000 11th Ave S) **3rd** Wednesday each month 1:30

Holy Family Chapel (2800 Central Avenue) Fridays 8:30 a.m.

Reconciliation: Saturdays - 2-4 pm, Wednesdays 5:30-6:30 pm
or by appointment with a priest.



Holy Spirit Chapel is open for prayer before the Blessed Sacrament: Monday - Thursday 8:30 a.m. - 4 pm
Friday 8:30 - 12.

Mass Intentions:

Mon., 7/2- 8:30 am - +Donna Nicholson r/b Andersons

Tues., 7/3- 5:15 p.m. - +John Nelson r/b Bundis

Wed., 7/4- 8:30 a.m. - No Mass

Thu., 7/5- 8:30 am - No Mass

Fri., 7/6- 8:30 am, HF - No Mass

Sat., 7/7- 4:30 p.m.- Roland and Sharon (sp int) r/b Hogans

Sun., 7/8- 8:30 a.m.- +Sally Kommers r/b C Kommers
- 11:00 a.m.- Parishioners

Readings for next week: Fourteenth Sunday in Ordinary Time

1st Reading: Ezekiel 2:2-5

2nd Reading: 2 Corinthians 12:7-10

Gospel: Mark 6:1-6

Coffee & Rolls Schedule

July 1: 8:30 - Frazier-Harris Family, 11:00 - HELP NEEDED

July 8: Parish Nurses



Bus Schedule:

July 7: Martin Triplett and Dave Stukey

July 8: NOT FILLED

What's Happening This Week...

Saturday: Fellowship Dinner - 5:30 pm hall

Tuesday: Fellowship lunch - noon hall

Wed-Fri: Office Closed

Thursday: RCIA - 7 pm Sts. P&P

*As a **Stewardship Parish** we are grateful to have parishioners give generously from their heart. This allows us to have **no fee** with **all our** sacramental and formation programming for our parishioners. It is through your generous **weekly** giving that we are able to offer quality religious formation opportunities to everyone from womb to tomb.*

Please join us to pray the Rosary at 4:45 pm on Tuesday at Holy Spirit, 8 am Thursday and Sunday at Holy Spirit, 8 am Friday at Holy Family, and 4:00 pm on Saturday at Holy Spirit. The Knights of Columbus Council #9395 will lead the Rosary before the 11:00 Mass on the 5th Sundays of the month.

PARISH STAFF

Fr. Doug Krings

Pastor

Dcn. Bill Medved

Deacon

Dcn. Pete Woelkers

Deacon, Adult Formation

Mark Meyer

Parish Administrator

Mary Dupuis

Worship, RCIA (becoming Catholic)

Aubrey Rearden

DRE/ Youth Ministry

Cindy Eultgen

Christian service/ Elem. Formation


Mary Moore-Wingerter

Administrative Assistant

Chuck Osterman

Maintenance

Liturgical Ministers for July 7, 8

	4:30 PM	8:30 AM	11:00 AM
 Holy Spirit Catholic Parish	★ Sub requested ~ log in to Web Terminal and accept the sub		
Bread Baker	V Adkins H Stubbs		
Holy Wash		P Fehres	
Sacristan	S Mayernik	J Gort	N Luth
Greeter	S Dunston, J Edgar, V Pedro P Reagor	Dean family★	M Balyeat ★ G Saunders, J Baje, G Wilson
Usher	A Klundt J Tamowski	C McKelvey G Drake	C. Christiaens, C Rostad, N St. Claire
Cross	D Schumacher	R O'Neill	M Mignery
Altar Servers	C Hallahan R Moog	N McKelvey G Nunez★	B Mignery A Kasayka
CLW		NOT FILLED	J Bishop
Reader	K Bernhardt G Caniparoli	T Rausch K Lakner	L Francis M Francis
Gifts	Schumacher Family	Cook Family	S Dalen, S & D Wilson
Extra-ordinary Ministers of the Eucharist	B. Medved T Gilligan B Polacek R Olmstead K Weinheimer B Thelen T Hopkins E Becker T Griffith R Maronick R Kuka R Kuka R McDunn C Grau T Grau	P. Woelkers C Nunez T O'Neill M O'Neill K O'Neill T Drake J Stenzel L Stenzel ★ L Fitterer J Bomgardner H Fauque T Neu C Neu T Jones ★ N Polk	P. Woelkers T Balyeat D Miller G Miller M Kasayka M Stimac W Fehres H Fehres ★ S Fehres ★ V Flick B Williamson D Hudson ★ K Baker S Harrington R Seilstad

Care for Creation by Recycling

Sheds for Newspapers, Cardboard, and Aluminum are in the Sts. Peter & Paul Center parking lot, near the dumpster.

UPDATED Schedule:

Weekend	Newspaper	Cardboard
5th (June 29-July 5)	Everett White	K of C 9395
1st (July 6-July 12)	K of C 9395	C. Jernigan

The weekend starts on Friday (shifts are Friday to Thursday).

School Newspapers: Greg Bonilla



**Call Parish Office for information on RCIA,
Adult Formation or Marriage Preparation**

RCIA (Learning to be Disciples of Christ) every **Thursday, 7:00PM, at the Sts. P&P Center.** This week: Celebrity fascination and distrust of those who are familiar. **Team members: Peggy and Glenn Tremper.** For initial contact, call Mary Dupuis at the parish offices 452-6491, ext 206.

RCIA Adapted for Children: for children age 7 or older who are not baptized, or baptized in another faith tradition: contact Mary Dupuis at the parish offices 452-6491.

Young Adult Ministry

Aubrey Rearden 452-6491 ext. 207 aubrey@holyspiritgf.org
Cell Phone: 868-6713 (call or text)

Hops & Hope

With the summer brings a break to our regular Thursday gatherings, if you are interested in hosting a summer young adult event please contact Aubrey 868-6713 and we will help you get the word out!

Youth Ministry

Aubrey Rearden 452-6491 ext. 207 aubrey@holyspiritgf.org
Cell Phone: 868-6713

Youth Group Sunday Nights 6:30-8:15pm



Watch this space for Summer Youth Ministry Opportunities.



Congratulations to the Class of 2018. May God Bless you and keep you safe in all of your life's adventures!



High School Bible Study meets each Wednesday @ Schulte's Coffeehouse from 6:45-7:30am, everyone is welcome! Same time same great place all Summer long!!!!

Vacation Bible School

Cindy Eultgen 452-6491 ext. 208 cindy@holyspiritgf.org



Thank You, each parishioner, for your support, prayers, donations, time, and effort that has gone into another successful year of VBS!

We had:

77 children participate from PreK-5th gr.
and

44 volunteers as Crew Leaders and Station Leaders including pre-teens (going into 6th grade), junior high & high school students, parents, grandparents, parishioners, Deacon Pete, and you who helped to make this week possible!



Holy Spirit School

Jim Wichman - Principal Melissa Hallahan, Vice-Principal
Jackie Wicke, Administrative Assistant
Colette Longin, Development Director, clongin@holyspiritgf.org
761-5775 www.holyspiritgf.org

SUMMER HOURS! June 4-August 10. Our front office is open Monday-Thursday from 10:30 am-1:30 pm. EXCEPT for the week of July 4th! Normal hours (7:30 am-3:30 pm, Mon-Fri) resume on Monday August 13th. School tours are always available by appointment, at any time of the day...just call the school to set one up! 761-5775.

Are you wondering about a new school experience for your child? HSCS could be the ticket! We have so many opportunities for students, including competitive sports programs, Science Club, Junior Toastmasters, and field trips for all ages! We enjoy weekly Mass, community service projects, praying together and playing together! Our students head into High School with the foundations of faith, knowledge, and service from their well-rounded education at HSCS. And, with smaller class sizes, our teachers really get to know their students! We have an amazing village of parents, staff, students and alumni and we invite your child, and you, to come be part of it! For more information on the school, please visit our website holyspiritgf.school.org.

Interested in making HSCS a beneficiary of your charitable donations? There are many ways to make that happen! Through the HSCS Endowment Trust, Scholarships, Dare-To-Dream, and more. You can make a difference in a child's life! Visit us online to donate, or for more information, call Colette at the school.

Christian Service

Cindy Eultgen 452-6491 ext. 208 cindy@holyspiritgf.org



Fair Trade Coffee Sales—in the Parish Hall

Next week, July 7 & 8 after all Masses

Yes, you can make a difference!

Why Purchase Fair Trade Products?

When we become aware of unfair, painful, unjust conditions that exist for our favorite foods and products; soon we want to make choices guided on strong Catholic Principles:

- Access to the common good that all can work & grow in *fair working conditions*
- Supports just practices keeps solidarity with our human family
- Rights are respected

Fellowship Lunch

Families, children, and young at heart!

This Week! All are welcome!

Tuesday, July 3 @ 12 noon

Free will offering.



Prayer Shawls are made with prayer to give to one *who we wish to surround, cover, and comfort in prayer.* If you know of someone who could use one please come to the parish office to pick one up. If you would like to knit one, yarn is available. Sponsored by the Parish Nurses.



Stewardship



“For you know the gracious act of our Lord Jesus Christ, that though he was rich, for your sake he became poor, so that by his poverty you might become rich.” (St. Paul, 2 Cor. 8) Our call to graciousness is an enriched action of hospitality. The key to serving in Family Promise is giving our homeless families the presence of our time. Whether we donate our time by providing home-cooked meals, staying overnight or bringing cots into the Monsignor House, we each give a little of our heart. That compassion is the stuff that Jesus sees. That is the compassion of Jesus.

We would love to work alongside you at the Monsignor House. If you have been thinking about this please call Kathie & leave a message @ 781.5033.

Volunteer opportunities in Great Falls

Pea Pods Community Garden is in need of volunteers for both summer and winter seasons. The current volunteer positions are Education and Garden (set up, maintenance, carpentry, design, planting, harvesting and weeding.) Some light lifting. Wear appropriate clothing for working outside. Volunteer times need to be scheduled in advance. For more information contact Brittany Burke at 761-0111 or email Brittany.burke@svdpcnmt.org.

Worship

Mary Dupuis 452-6491 ex. 206 mdupuis@holyspiritgf.org

Liturgical Bits and Bytes: Confiteor Near the beginning of Mass, the community acknowledges its sinfulness and dependence on God's mercy. One option is for all to recite the Confiteor, the prayer that begins, “I confess to almighty God.” As people admit their sin, they strike their breast.

The Confiteor is an old prayer, but its current placement in the Mass is an innovation. Prior to the Second Vatican Council, the priest recited the Confiteor by himself, one of several prayers at the foot of the altar that introduced the Mass, and the servers repeated it after him. The people prayed the Confiteor later, just before receiving communion. This was because for many years, people did not receive communion at Mass frequently. When they received communion outside of Mass—for example, when they were sick—they said the Confiteor first. As communion at Mass became more common, the Confiteor came with it. So essentially, a communion service had been inserted into the priest's Mass, as if the people's communion had nothing to do with the priest's communion or the sacrifice preceding it. The priest even distributed communion from the tabernacle rather than the newly consecrated bread and wine on the altar.

In the revisions of the Mass following the Council, the Confiteor became one of three options for the penitential act near the beginning of Mass. The Confiteor was removed from the communion rite, where it interrupted the natural flow of events. It remained at the beginning, but as one option rather than an obligatory prayer. It was offered to the entire assembly to recite rather than to the priest alone. This enabled everyone to participate in the Mass from the very start as the priestly people. One way people participate con-

sciously is to acknowledge to one another and to God that they have sinned, to say aloud, “I confess.” Paul Turner
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Parish Council of Catholic Women

Attention all members of PCCW. Our summer *Christmas in July* picnic will be held on Monday July 9 at 1 pm. We will gather at the Devonshire Townhouse clubhouse. Please bring a salad or dessert. We will provide the chicken. Therese will bring rolls and butter. If you would like to take a swim bring your suit and towel. We have the place for the day.

Milestones

Holy Spirit Parish welcomes McKinley Jeanne, Ainzleigh Shannon and Barrett Jackson Wingerter, children of Ben and Adrienne Wingerter, who were baptized this weekend. We also welcome Ashley Blackman; Paul & Rosemary Eve; Nick and Christina Wingerter and their daughter Patricia; and Jeremy and Tricia Klempel with their daughters Grace and Greta who registered in our parish this week. Welcome!

Courtesy Announcements



Great Falls Central Catholic High School has teaching positions open for the 2018-19 school year. Positions available include: Part-time Religion and part-time Business teacher. If interested please contact Principal Phillip VanDenBrink at pvandenbrink@greatfallscentral.org or call 213-3344.

ANNUAL GARAGE SALE CATHOLICS FOR LIFE

*****DONATIONS NEEDED*****



It is that time of year again where CFL is gearing up for our annual garage sale. It is the major fundraiser for this important organization. The garage sale will be held July 21 from 8:00-2:00 at Corpus Christi parish. Any items that you are willing to donate may be dropped off at Corpus Christi starting June 30. Your generosity is greatly appreciated and will go toward funding for important events throughout the year. If you have any questions, please contact Angie Nuree at 788-8306 or email greatfallscatholicsforlife@gmail.com.

4th Annual Eucharistic Conference, August 5-10, 2018, each evening at 5:30 pm, St. Anthony Parish in Laurel MT. The theme is “The Splendor of Truth”, celebrating the 50th anniversary of *Humanae Vitae: God's Vision for Marriage, Love and Life*. Guests speakers include Bishop Warfel and other presenters from the Priestly Fraternity of St. Joseph. Dinner will be provided each evening and families will enjoy activities planned just for them. Please visit santanthonycatholicchurch.org for more information.

The Secular Discalced Carmelite Community will celebrate a Vigil Mass in honor of “Our Lady of Mount Carmel” on Sunday July 15th at 4 pm at SS Cyril and Methodius, East Helena, followed by a light supper. There will be enrollment in the brown scapular as well as books pertaining to the Carmelite Life for sale and any questions you may have about the Secular Order in Western Montana. Please join us for an afternoon with God and Our Lady.

Saint Michael Radio ~ *FM 97.1

“Sharing the Splendor of Truth”

July 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 8:30 & 11 a.m. Masses	2 8:30 am Mass, HS	3 5:15 p.m. Mass HS Fellowship Lunch, noon, hall	4 No Mass Office closed! 	5 No Mass Office Closed! RCIA 7 p.m. Sts. P&P	6 No Mass Office Closed!	7 2:00 Confession, 4:30 Mass Fair Trade Coffee Sales
8 8:30 & 11 a.m. Masses Fair Trade Coffee Sales	9 8:30 am Mass, HS PCCW Christmas in July, 1 pm, Devonshire clubhouse	10 5:15 p.m. Mass HS	11 8:30 a.m. Mass HS 1:30 p.m. Mass Highgate 2:30 p.m. Mass Park Place Confession, 5:30 pm	12 8:30 a.m. Mass HS RCIA 7 p.m. Sts. P&P	13 8:30 a.m. Mass HF	14 2:00 Confession 4:30 Mass
15 8:30 & 11 a.m. Masses	16 No Mass	17 5:15 p.m. Mass, HS	18 8:30 am Mass HS Confessions, 5:30 pm KCs, 6:30 pm; 2810 Central	19 8:30 a.m. Mass HS RCIA 7 p.m. Sts. P&P	20 8:30 a.m. Mass HF	21 2:00 Confession 4:30 Mass
22 8:30 & 11 a.m. Masses	23 No Mass	24 5:15 p.m. Mass, HS Bereavement Sup- port Group, 7 pm, Sts P&P	25 8:30 am Mass, HS Confessions, 5:30 pm	26 8:30 a.m. Mass HS RCIA 7 p.m. Sts. P&P	27 8:30 a.m. Mass HF	28 2:00 Confession 4:30 Mass Fellowship Dinner, 5:30 pm, hall
29 8:30 & 11 a.m. Masses	30 8:30 am Mass, HS	31 5:15 p.m. Mass, HS				

HOLY SPIRIT CATHOLIC PARISH

May 31, 2018 MONTHLY FINANCIAL RECAP

OPERATING FUND

	May-18	FISCAL YEAR TO DATE ACTUAL	BUDGET TO DATE	BUDGET VARIANCE OVER (UNDER)
SUNDAY OFFERING - (ENVELOPES & CASH)	\$ 55,585	\$ 838,701	\$ 880,000	\$ (41,299)
SPECIAL DONATIONS-(WILLS, ESTATES, GIFTS, ETC.)	\$ -	\$ -	\$ -	\$ -
PCCW CONTRIBUTIONS	\$ -	\$ -	\$ -	\$ -
* OTHER INCOME - (RELIG. ED., INTEREST, USER FEES, ETC.)	\$ 2,499	\$ 4,171	\$ 2,017	\$ 2,154
DIOCESE CURRENT OPERATING FUND ASSMT.-DONATION THRU C&S	\$ -	\$ -	\$ -	\$ -
TOTAL OPERATING REVENUE	\$ 58,084	\$ 842,872	\$ 882,017	\$ (39,144)
OPERATING EXPENSES				
HOLY SPIRIT SCHOOL SUBSIDY (29% OF SUNDAY OFFERINGS)	\$ 23,042	\$ 253,460	\$ 253,458	\$ 1
CHURCH & CENTER (MAINT. UTILITIES, INSURANCE, TAXES)	\$ 13,877	\$ 101,572	\$ 99,129	\$ 2,443
BUSINESS OFFICE (SUPPLIES, POSTAGE, EQUIP. & MAINT.)	\$ 2,919	\$ 41,408	\$ 47,025	\$ (5,617)
RELIGIOUS EDUCATION (BOOKS, SUPPLIES, TRAINING, RESOURCES)	\$ 90	\$ 14,378	\$ 15,858	\$ (1,481)
WORSHIP (ALTAR SUPPLIES, TRAINING, MUSIC)	\$ 1,458	\$ 22,709	\$ 17,463	\$ 5,246
CHRISTIAN SERVICE (TRAINING & SUPPLIES)	\$ 429	\$ 2,337	\$ 5,408	\$ (3,071)
EMPLOYEE SALARIES & BENEFITS (INS. RETIREMENT, WORKERS COMP)	\$ 36,307	\$ 357,076	\$ 361,178	\$ (4,102)
DIOCESAN CURRENT OPERATING FUND ASSESSMENT	\$ 4,085	\$ 49,038	\$ 56,467	\$ (7,429)
OTHER EXPENSES (HOSPITALITY, COUNCIL, PARISH VAN)	\$ 516	\$ 21,283	\$ 18,443	\$ 2,840
TOTAL OPERATING EXPENSES (BEFORE DEBT SERVICE)	\$ 82,723	\$ 863,260	\$ 874,429	\$ (11,169)
NET INCREASE OR (DECREASE) IN OPERATING FUNDS	\$ (24,639)	\$ (20,388)	\$ 7,587	\$ (27,975)
BUILDING INCOME/ EXPENSES				
BUILDING PLEDGES & GIFTS	\$ 10,292	\$ 88,350		
* INTEREST INCOME	\$ -	\$ 14,961		
INTEREST EXPENSE	\$ (5,912)	\$ (46,503)		
PRINCIPAL PAYMENT	\$ (6,170)	\$ (83,167)		
NET INCREASE OR (DECREASE) IN BUILDING FUNDS	\$ (1,791)	\$ (26,360)		
NET INCREASE OR (DECREASE) IN TOTAL FUNDS (BUILDING AND OPERATING)	\$ (26,430)	\$ (46,748)		

THE VISION	
PLEDGES	\$ 1,281,145
COLLECTED	\$ (1,079,465)
BALANCE	\$ 201,680

BUILDING CASH RESERVE and LOAN STATUS

BEGINNING LOAN BALANCES: 7/01/2017			\$	1,930,707
BUILDING RESERVE LOAN (HOLY SPIRIT SCHOOL ENDOWMENT)			\$	400,000
SUBTOTAL			\$	2,330,707

Growing in FAITH™

Discovering **hope and joy** in the Catholic faith.

July 2018

One Minute Meditations

Bl. Pier Giorgio Frassati

Pier Giorgio was born in 1901, in Turin, Italy.

From a young age, he had a deep love for the Holy Eucharist and the Blessed Virgin and had a rich spiritual life. Pier used what resources he had to help the poor. He was devoted to serving the sick, caring for orphans and helping the servicemen returning from war. He studied engineering to better serve Christ among the miners, but died before completing his degree.

Discipleship

Disciples aren't just 12 men chosen by Christ long ago. A disciple is one who makes Christ the center of his or her life. "Make room therefore for Christ, and refuse entrance to all others. When you have Christ, you are rich and have need of (nothing) else."

Thomas À Kempis

"Much will be required of the person entrusted with much, and still more will be demanded of the person entrusted with more" (Luke 12:48)



Forgive yourself first

Forgiveness can be a gift we easily offer to others but deny ourselves. Yet, learning to forgive ourselves is a critical ingredient in the ability to forgive others. Consider offering yourself the loving gift of forgiveness:

Release the emotion.

A well-formed conscience feels guilt for sin. A mistake triggers sadness and regret. Holding on to these negative feelings makes them patterns that become part of who we are. Instead, attack the emotion associated with the transgression and release it. Go to Confession, perform acts of kindness, make amends to change the way you look at yourself.

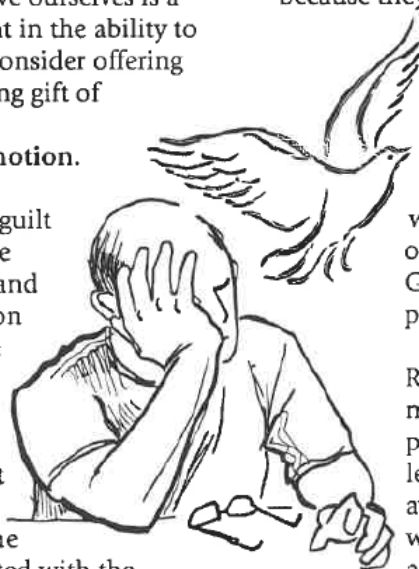
Clarify morals. The reason most of us feel ashamed of our wrongdoings is because they are out of line with our faith and morals.

Fortunately, examining our actions can actually clue us into what we really feel is important. Bringing our actions in line with our beliefs is a positive outcome from transgressions. Growth makes forgiveness possible.

Give yourself a do over.

Refusing to forgive ourselves means we are locked in the past. Instead, the goal is to learn from the experience to avoid repetition. To help, write down how you would act differently if you had the

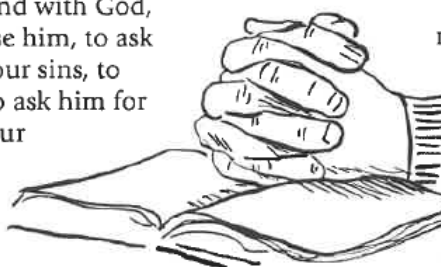
chance to do it again. You will see the skills you have acquired as a result and be able to move on to a better future.



Why Do Catholics Do That?

Why do Catholics pray?

We pray to bond with God, whether to praise him, to ask forgiveness for our sins, to thank him, or to ask him for help. Prayer is our connection to God, who created us and wants to have a relationship with us.



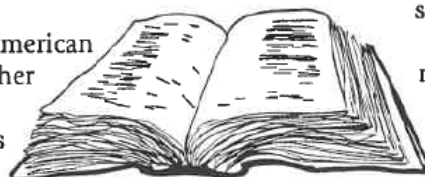
Our prayer is always a response to God's invitation: "Whether we realize it or not, prayer is the encounter of God's thirst with ours. God thirsts that we may thirst for him" (Catechism of the Catholic Church, #2560).

Use the Bible well

There's an old saying, "Bibles that are falling apart usually belong to people who aren't." Try these tips to get the most out of your reading:

Choose a Catholic version. The New American Bible is read during Mass but there are other Catholic translations. Most important is having an edition you enjoy that contains all the Catholic books. (Here is a list: uscbb.org/bible/approved-translations/index.cfm.)

Use the aids. The Bible contains customs and terms that are foreign to us. Read the introductions and footnotes for helpful explanations.



Focus on passages. The Bible will make more sense if you read the sections that are grouped together rather than sentence by sentence.

Mark it up. Underline and make notes in the margins as you read to make your book more useful.

Read aloud. The Bible began as an oral tradition. Hearing the passages read may help them become clearer.

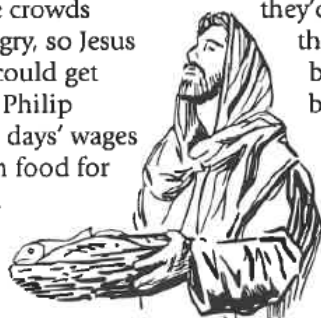
Live it. What you read in the Bible will help you find strength to meet the challenges of life. Don't just read it. Live it.

from Scripture

John 6:1-15; Loaves and fishes.

This Gospel passage records the miracle of the multiplication of the loaves and the fishes. The crowds following Jesus were hungry, so Jesus asked Philip where they could get enough food. Dismayed, Philip figured that two hundred days' wages still wouldn't buy enough food for them. Like Philip, we can face problems that seem too big for us and get dismayed.

The apostle Andrew was more industrious; he found a boy with five loaves of barley bread and two fish. The boy willingly offered to Jesus all he had, meager though it was. What a surprise



when Jesus fed the five thousand "as much...as they wanted." Even after they'd had their fill of bread, there were still twelve wicker baskets left over. God can't be outdone in generosity.

Being faced with problems that appear beyond our ability to solve can feel overwhelming. It's easy to react like Philip and give up hope. On our own, we may not have much to offer. By offering what we have to God, meager though it may be, he can accomplish amazing feats through us.

Q & A What is expected of Catholics?

Successful families have guidelines that help each member grow in love and virtue. Also a family, the Catholic Church recommends basic guidelines so that her children, too, can grow in love and virtue:



Come home every weekend: "You shall attend Mass on Sundays and on Holy days of Obligation and rest from

servile labor." God *wants* to see us – often!

Take responsibility: "You shall confess your sins at least once a year." Since we are prone to sin, it's important to repair our relationship with Our Lord.

Proper nourishment: "You shall receive the sacrament of the Eucharist at least during the Easter season." In the Eucharist, Jesus nourishes us with his Body and Blood – at every Mass!

Make room for love: "You shall observe the days of fasting and abstinence established by the Church." Fasting helps us free our hearts for God's love.

Contribute to the family: "You shall help to provide for the needs of the Church." Whether we donate money, time or resources, our help matters (CCC #2042-2043).

Feasts & Celebrations

July 3 – St. Thomas (1st Century). Known as "doubting Thomas" for requesting proof of the Resurrection, he made a beautiful profession of faith when he received proof, "My Lord and My God" (John 20:28). Tradition says that Thomas evangelized the Parthians, Medes, and Persians, and ultimately reached India. He was martyred near Mylapore.

July 9 – St. Veronica Giuliani (1727). Born in Italy, in 1660, St. Veronica entered the Capuchin order as soon as she was old enough to marry. Soon after, she began receiving

visions of Christ's Passion and, by a special grace, received the marks of Christ's wounds on her body.

July 25 – St. James (1st Century). When Jesus called St. James and his brother, John, to become apostles, they left their father in a fishing boat on the Sea of Galilee. St. James was one of three apostles to witness Jesus' transfiguration, the raising of Jairus' daughter, and the agony in Gethsemane. St. James was the first of the apostles to be martyred.



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To provide practical ideas that promote faithful Catholic living.

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(Unless noted Bible quotes and references are from the Revised Standard Version and the New American Bible)

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