

### **⊘**ecember 30, 2018

Worship Centers: Holy Spirit Catholic Church, 201 44th St. South Holy Family Chapel, 2800 Central Ave. Parish Offices: 201 44th St. South Great Falls, MT 59405

Phone: (406)452-6491 Parish Office hours: Monday – Thursday 8:30 a.m. – 4:00 p.m., Friday 8:30 a.m. – Noon Fax: 452-6495 Email: hsparish@holvspiritgf.org Website: www.holvspiritgf.org

> School: 2820 Central Avenue Phone: 761-5775

Email: jwichman@holyspiritgf.org web: www.holyspiritgfschool.org

Check out FORMED.org. Our parish code is PGMYJZ

#### Parish Staff

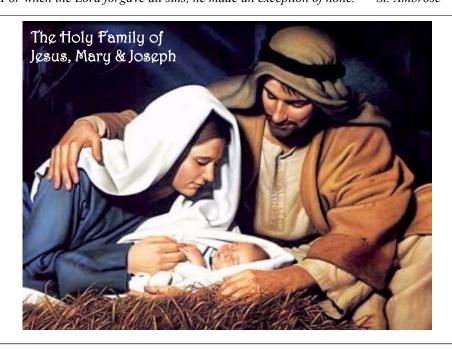
Pastor Aubrey Rearden Worship, DRE/Youth Ministry Fr. Doug Krings Dcn. Bill Medved Christian Service Deacon Cindy Eultgen

Dcn. Pete Woelkers Nick Wingerter RCIA. Adult Formation Deacon

Parish Administrator Kody Diekhans Mark Meyer Elem. Formation, Music, Funerals Mary Moore-Wingerter Administrative Asst.

Chuck Osterman Maintenance

"For when the Lord forgave all sins, he made an exception of none."  $\sim$  St. Ambrose



#### Tax Reminder - Year End Charitable Giving

Charitable contributions are deductible (for those who itemize) in the year the gift is made. For your charitable gifts to be credited in 2018, please note the following:

- Donations received by mail after Jan. 1, 2019 must be inside a postmarked envelope dated no later than Dec. 31,
- Contributions given online at holyspiritgf.org or for our endownments at catholicfoundationmt.org/donation are deductible in 2018 as long as you make the gift online before midnight on Dec. 31.
- Gifts of stocks or other securities for our parish or parish endowment must be received by the Catholic Foundation of Eastern Montana no later than Dec. 21. To make a gift of securities for our parish contact info@catholicfoundationmt.org.
- Certain donations for our parish can qualify you for the 40% Montana Endowment Tax Credit. More information? Call 406-315-1765.
- Questions? Call the Catholic Foundation of Eastern Montana at 406-315-1765.

#### The foly family of Jesus, Mary and Joseph, December 30th, 2018

#### Holy Spirit Parish Weekend Mass Schedule

Saturday – 4:30 p.m.

Sunday - 8:30, 11:00 a.m. & 6:00 p.m.

#### **Daily Mass Schedule**

#### **Holy Spirit Day Chapel:**

Mondays 8:30 a.m, .Tuesdays 5:15 p.m., Wednesdays & Thursdays 8:30 a.m.

Park Place (3200 15<sup>th</sup> Ave. S) 2nd Wednesday each month 2:30 Highgate (3000 11th Ave S) 3rd Wednesday each month 1:30 Holy Family Chapel (2800 Central Avenue) Fridays 8:30 a.m.

**Reconciliation:** Saturdays - 2-4 pm, Wednesdays 5:30-6:30 pm or by appointment with a priest.

#### Holy Spirit Chapel is open for prayer before the Blessed

**Sacrament:** Monday - Thursday 8:30 a.m. - 4 pm Friday 8:30 - 12.

#### **Mass Intentions:**

Mon. 12/31 - 8:30 am - Steve Graham (sp int) r/b Secords

Tue., 1/1-10:00 am.- Members of Lady of Snows Circle

Wed., 1/2–8:30 am - +John Verploegen
Thu., 1/3-8:30 am - Sara Brown (sp int)

r/b A Verploegen
r/b Martins

Fri., 1/4-8:30 am, HF -

Sat., 1/5- 4:30 p.m.- Parishioners

Sun., 1/6- 8:30 am.- +Bob Schulte r/b A Verploegen
11:00 a.m. - +Joe Cox r/b T & M Cox
- 6:00 p.m.- Special Intention r/b Balyeats

Readings for next week: The Epiphany of the Lord

1st Reading: Isaiah 60:1-6

2nd Reading: Ephesians 3:2-3a, 5-6

Gospel: Matthew 2 1-12

#### Coffee & Rolls Schedule

Dec. 30: 8:30 ~ Hannula gang; 11:00~Rasmussen gang

Jan 6: 8:30: Warren family; 11:00 Help needed!!

## ANNA

#### **Bus Schedule:**

Jan 5: Martin Triplett and Dave Stukey Jan 6: Roger and Kathleen Seilstad

Jan 6. Roger and Rauneen Senstad

### What's Happening This Week...

Monday: Office closes at NOON

Tuesday: Mary, the Holy Mother of God Mass- 10:00 am

Adoration ends at 10:00 am

Office Closed
Wednesday: Office Closed
Thursday: RCIA - 7 pm

<u>Saturday:</u> Fair Trade Coffee Sales <u>Sunday:</u> Fair Trade Coffee Sales

Adoration - 7 pm

As a **Stewardship Parish** we are grateful to have parishioners give generously from their heart. This allows us to have <u>no fee</u> with <u>all our</u> sacramental and formation programming for our parishioners. It is through your generous <u>weekly</u> giving that we are able to offer quality religious formation opportunities to everyone from womb to tomb.

#### Liturgical Ministers for January 5, 6

4:30 PM	8:30 AM	11:00 AM	6:00 PM							
★Sub requested ~ log in to Web Terminal and accept the sub										
	Bread Baker Holy Wash									
	M Frazier- Harris	T Dimke								
Sacristan										
S Mayernik	G Matsko	K Krattiger								
	Greeters									
T & P Hilgendorf, J Edgar, D Dick- man	H Stubbs, Collins family	Nicholson family								
	ι	Jshers								
M Thompson T Tomich	P Bahnmiller K McGuire	Francis's, C Christiaens								
	Cr	oss								
R Frazier-Harris	T Donnelly	N Stimac	E Martin							
	Altar	Servers								
D Schuler L Fitzpatrick	N McKelvey G Nunez ★	J Stimac A Kasayka	P Devlin							
	R	eaders								
K Bernhardt T Grau	J Wingerter P Kolar	T Lorang J Thornburg	M Leach							
	G	ifts								
Fraizier- Harris family	Erickson family	S Dalen, Donisthorpes	Baker family							
B Medved K Frazier-Harris C Grau A Klundt A Trunkle H Fehres K Weinheimer T Hopkins M Frenick P Tremper G Tremper T Rigor F Handwerk J Fitzpatrick C Paul	P Woelkers C McKelvey M Wingerter L Fitterer S Bahnmiller K Lakner R Kohut T Drake C Neu T Neu J Schulte M Schulte A Ambuehl N Ambuehl S O'Rourke	P. Woelkers Z Stimac M Stimac C Paul T Paul A Bulger V Williamson B Williamson C Huber R Seilstad P Byrne J Byrne H Houghton D Nicholson N Polk	T Martin C Rearden D Rearden W Baker							

#### Care for our Common Home!

Thank you for being a steward of the Earth!

Weekend	Newspaper	Cardboar	
3rd (Dec. 21—27)	G. Kushnak	R. Shipley	
4th (Dec. 28 - Jan 3)	D & P Birkenbuel	C. Nowak	
1st (Jan. 4-10)	K of C 9395	C. Jernigan	
2nd (Jan 11-17)	K. Weinheimer	S. Lind	

School Paper: Greg Bonilla
School Cardboard: K of C (1st & 5th weeks)
Week starts on Friday

#### Call Parish Office for information on RCIA, Adult Formation or Marriage Preparation

#### For all who seek to become Christian believers

Call Nick 868-4770 or come Thurs. at 7 pm in the RCIA room (Sts. Peter and Paul Center) all year round. 12/27: Jay Stenzel, The Holy Family and the child Jesus

#### WANT TO KNOW MORE ABOUT CATHOLICISM?

Come support the RCIA program and grow your faith as well. Open to all parishioners at 7 pm Thursdays meet every week in the RCIA room for prayer and discussion with others who are also curious about our faith.

RICA Adapted for Children: Thank you to Lori Durocher for volunteering as catechist for this group! Watch this space for more information. For children age 7 or older who are not baptized, or baptized in another faith tradition. Call Nick at 868-4770.

#### Youth Ministry

Aubrey Rearden 452-6491 ext. 207 aubrey@holyspiritgf.org Cell Phone: 868-6713

Youth Group Sunday Nights: Mass 6:00pm Youth Group 7:00-8:30 pm



YOUTH GROUP is on Christmas Break until Sunday January 6th. 6 o'clock Mass will continue through the break on Sunday evenings. Christmas Blessings to all of our families.



High School Bible Study meets each Wednesday @ Schulte's Coffeehouse from 6:45-7:30am, everyone is welcome!

#### **Elementary Faith Formation**

pianokody@holyspiritgf.org Kody Diekhans 452-6491 Elementary Formation (Pre-K - 6th Grade) & Sacramental Prep (2nd Grade) Sunday 9:45-10:45am or Wednesday 6:15-7:15pm

Elementary Formation classes will resume January 6th and 9th with an Epiphany Party!!! Be on the look out for our Spring Calendar!

#### **Young Adult Ministry**

Nickolas Wingerter ext. 205 nickw@holyspiritgf.org 406-868-4770

#### **INSPIRE!**

Come join us on January 11th for Holy Spirit paint night. Explore the symbols of the Holy Spirit with prayers, scriptures, catechism, and of course, painting! \$20 offering, meat and cheese will be provided. Call Nick at 868-4770 for more information~

#### **Holy Spirit School**

Melissa Hallahan, Vice-Principal Jim Wichman - Principal Jackie Wike, Administrative Assistant Colette Longin, Development Director, clongin@holyspiritgf.org 761-5775 www.holyspiritgf.org

Mid-year registration is happening now at HSCS! If you're thinking about a change for your child, now is the time! Our smaller classes mean teachers can accommodate all learning levels and give special attention where needed, while supporting the spiritual growth of their students...and fostering and encouraging the same principles your family values at home. We're known for our tradition of Excellence in Education in Great Falls...come visit and find out why! Call 761-5775 to schedule a tour today. Open houses are scheduled for January 29. 2019!

Mark your calendars now for :The BALL...Building A Lasting Legacy" our all new event for Great Falls Catholic Schools! We're joining together for our annual dinner auction events, and look forward to this being a wonderful time to come together as a Catholic community! The BALL will take place on January 26th, 2019 a the Mansfield Convention Center. Look for your invites in the mail soon! If you are interested in Sponsorships, please call Colette in the Development Office!

Our music department is in need of a piano! If you have one you would like to donate, please call the school.

#### Christian Service

Cindy Eultgen 452-6491 ext. 208 cindy@holyspiritgf.org

#### Christian Service Commission Mission:

Share God's love through action, education, and community building.

#### Goals:

- 1. To encourage parishioners to strive for peace, justice, and equality
- 2. To provide opportunities for parishioners to share their Godgiven gifts with individuals coping with difficult situations.
- 3. To educate parishioners about Catholic Social Justice
- 4. To build community partnerships to better serve others and promote the Kingdom of God.

#### **Fellowship Lunch**

Families, children, and young at heart! All are welcome! Tuesday, January 8 @ 12 noon. Free will offering.

#### Mark your Calendar!

COMING UР

SAVE THE DATE You are Invited: to Baby "Its Cold Out!" Shower: Sunday, January 13 from 2-4 pm, in the parish hall to support Echoz Pregnancy Care Center, hosted by the Parish Nurses and PCCW.

All are welcome: Tuesday, January 22 at

4 pm in the Parish Conference Room and 7 pm in the RCIA room at Sts. Peter & Paul There will be a presentation by Jim Capp. He





is a retired assistant manager of Social Security. Jim will help us navigate the financial challenges involved in the death of loved ones beginning with Social Security.

#### Stewardship

The family who spent a week with us in November graduated from the program and are working and have a home in which to live and raise their family. In February we will host new Family Promise guests. Please pray for all the families involved with Family Promise. This wonderful program truly enriches the lives of everyone involved whether guests or volunteers. THANK YOU all volunteers! THANK YOU Holy Spirit Parish for all you give to this program and so many others!

Thank you PCCW for the generous donation for repairs at the Monsignor House. We will carefully consider which repairs are immediate. Your kindness is deeply appreciated.

"...he shall be peace." -Micah. The eyes of Advent focus on Christmas. As we come to the closed of this quiet season of reflection, in preparation for the Prince of Peace, we hear the Scriptural messages reminding us of the poor, lowly, humble, and vulnerable. The upside down theology of our Christ is an awareness that our hearts must be simple to receive HIM. O come, o come Emmanuel

Please watch the bulletin for the days and times we unlock the House for people to come and tour, talk about social justice, or visit about all things life. For any information about Family Promise in our parish please stop by the Monsignor House when it is open or call Kathie Malby and leave a message at 781-5033. She will return your call as soon as she can.

#### Worship

Aubrey 452-6491 ex. 207 <u>aubrey@holyspiritgf.org</u>

**Ministry Update:** Please watch your mail for an informational letter and a post card to update your ministry scheduling preferences. If you filled out a Time & Talent form **this** fall you do not need to return the postcard unless your information has changed.

#### Music

Kody 452-6491 ex. 206 <u>pianokody@holyspiritgf.org</u>



Choir practice: No choir practice Wednesday due to the holiday. Have a blessed Christmas!!

We have started new mass parts!! Mass parts can now be found in the white pamphlet in the pews! You can also LISTEN to the Mass parts on our website!

#### Men's Day of Prayer



Step out of the Boat
Mens' Day of Prayer, 2019
January 12th 10:00 am - 2:00 pm
At the parish hall. Lunch will be served.

#### **Milestones**

Congratulations to **Stevie Sue Graham**, daughter of Beau and Stephanie Graham, who was baptized this weekend. Welcome!

Condolences to the families and friends of Glen Caniparoli, Vonnie Atkins and Dick Bennett who passed away recently.

#### **Courtesy Announcements**

The Great Falls Catholic schools are hosting their big fundraiser the BALL (Building A Lasting Legacy) on Saturday January 26, 2019 at the Civic Center. They are in need of silent auction items due on January 15th. Please call Wendy Newman, 788-8837 or Bekah Atkinson at 799-0036. Thank you!

The St. Martin de Porres Emily Center would like to thank everyone who attended our Indian Taco Feed and Silent Auction. It was a great success and from the proceeds we are able to help the homeless and needy to receive free goods. We provide clothing, bedding, and household goods. We are a non-profit organization that is run on donations. We would like to thank those who supply us with those donations and ask that you continue to do so. We are located at 1920 10th Ave S, and the phone number 406-771-6695. We are open Tuesday-Thursday from 9-noon and 1-3. We ask that you bring your donations to the back in the alley.

Your year-end support of our Holy Spirit Parish Endowments is very appreciated! Every donation given to one of our endowments increases the distribution our parish receives *this year, next year and forever* in support of our parish and our ministries! No gift is ever too small. Giving to our parish *Greatest Needs Endowment* or our *Building Endowment* is simple - through the offertory, through the mail, or online at www.catholicfoundationmt.org. To learn more, or to make a gift to one of our Holy Spirit Parish or School endowments that qualifies for the 40% Montana Endowment Tax Credit, please contact Judy Held at 406-315-1765 or email her at judy@catholicfoundationmt.org.

Marriage Encounter Weekend: As we celebrate the birth of our Lord let us also remember the beautiful gift of the sacrament of marriage that He gave to us. Your love is meant to mirror the love that Christ has for his Church to the world. Attend a Worldwide Marriage Encounter Weekend and learn how to let that love shine brightly! Upcoming dates are: Billings MT Jan 25-27, 2019 and Thermopolis, WY Feb 22-24, 2019. For more information and to apply visit www.wwme.org or Paul & Tracy 307-689-2820.



The Great Falls Central High School Speech and Debate Team is in need of judges for a speech and debate tournament at Central on January 5, 2019. If you can help, please call Coach Jason Holden at 406-231-6680 or email him at mustangspeechanddebate2020@gmail.com.

## Are you searching? Do you know someone who is searching?

Catholics Come Home website may be helpful.

Very attractive multimedia site with solid Catholic teaching, and up-todate situations and understanding. There are three doors to open for information:

- <u>I'm not Catholic</u>: I'm Protestant, Evangelical or another faith / I'm not really religious
- <u>I'm not currently attending Mass</u>: Tell me more about "coming home" / How will it help me? / Tell US how CCH helped you or someone you know.
- <u>I'm blessed to be Catholic</u>: Help family or friends "come home"/Support our evangelical mission/Air evangomercials® in your diocese Explore www.CatholicsComeHome.org

Saint Michael Radio ~ \*FM 97.1 "Sharing the Splendor of Truth"

# January 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 8:30 & 11 am. & 6 pm Masses Adoration, 7 pm	31 Office Closed at noon Adoration	1 Mass 10:00 am Office Closed Adoration ends at 10:00 am	2 8:30 am Mass HS Confessions 5:30- 6:30 pm Office Closed	38:30 a.m. Mass HS RCIA, 7 pm Sts. P&P	4 8:30 a.m. Mass HF	5 2-4 p.m. Confession 4:30 Mass Fair Trade Coffee & Tea sales after Mass in the Hall
6 8:30 & 11 am. & 6 pm Masses  Elem. Formation 9:45 am, Sts. P&P  Fair Trade Coffee after Masses in the Hall  Youth Group, 7 pm Sts. P&P  Adoration, 7 pm	7 Adoration	8 Fellowship Lunch, noon, Hall Adoration 5:15 p.m. Mass HS Pastoral Council 7 pm, Conf. Rm.	9 8:30 am Mass HS 2:30 pm Mass at Park Place Confessions 5:30- 6:30 pm Elem. Formation 6:30 pm, Sts. P&P Knights of Columbus mtg. 6:30 p.m. 2816 Central	10 8:30 a.m. Mass HS RCIA, 7 pm Sts. P&P	Mass, 8:30 am HF Holy Spirit Paint Night, Young adult group; 7 pm Sts. P&P	12 2-4 p.m. Confession 4:30 Mass
138:30 & 11 am & 6 pm Masses  Elem. Formation 9:45 am, Sts P&P  Baby its cold outside baby shower for Echoz, 1 pm  Youth Group, 7 pm, Sts. P&P  Adoration, 7pm	Adoration  PCCW meeting, 1:00 pm Conf.	15 5:15 p.m. Mass HS Adoration Worship Comm. 7:00 pm, Conf. Rm. Christian Service Comm. 6:30 pm, Sts. P&P	1.30 pm Mass at Highgate Confession 5.30-6.30 pm. Elem. Formation 6.30 pm, Sts. P&P	17 8:30 a.m. Mass HS RCIA. 7 pm Sts. P&P	18 8:30 a.m. Mass HF	19 2-4 p.m. Confession 4:30 Mass  Fellowship Dinner, 5:30 pm  Stewardship Fair!
208:30 & 11 am & 6 pm Masses Stewardship Fair! Elem. Formation 9:45 am, Sts. P&P Youth Group, 7 pm Sts. P&P Adoration, 7 pm	21 Adoration	225:15 p.m. Mass HS Adoration	23 8:30 am Mass HS Confession 5:30-6:30 p.m. Elem Formation 6:30 pm Sts P&P	24 8:30 a.m. Mass HS RCIA 7 pm Sts.	25 8:30 a.m. Mass HF	26 2-4 p.m. Confession 4:30 Mass The BALL, 5:30 pm
278:30 & 11 am & 6 pm Masses Elem. Formation 9:45 am, Sts. P&P School at parish Mass, 11 am Youth Group, 7 pm Sts. P&P Adoration, 7 pm	Adoration  SCHOOLS	295:15 p.m. Mass HS Adoration	30 8:30 am Mass HS Elem. Formation 0:30 pm, Sts. P&P Confession 5:30-6:30 p.m.	31 8:30 a.m. Mass HS RCIA 7 pm Sts.	All Schools Mass, 9:30 am, HS	2 2-4 p.m. Confession 4:30 Mass Fair Trade Coffee & Tea sales after Mass in the Hall

# Paint the Holy Spirit

Enjoy a night of painting and reflection on the Third Person of the Holy Trinity.



Create an image for yourself: How has the Holy Spirit interacted with creation from scripture and through the Church?



Engage with your parish family in a different and deeper way.

Friday January 11, 7-10:30PM

Holy Spirit Social Hall

30 seats available at \$20 each or \$30 for a couple (to cover cost for supplies)

## Please RSVP by January 7th

To reserve a seat email, call or text Nick at nickw@holyspiritgf.org or 406-868-4770

Discovering hope and joy in the Catholic faith.

January 2019

## One Minute Meditations

#### St. Francis de Sales

Born to a wealthy family in Savoy. near Switzerland, St. Francis. become the Rishop of Ceneval and worked to revive Catholicism in Chablais, Switzerland Controversial for his day, he taught that: a l'Obristians in whatever station in life could grow scholigiess, de was known. for his simple but profound sermons, and kindly spiritual. wiscom, His famous work, Introduction to the Devoutcife is still as popular roday as: it was when he wrote it.

#### God stays the same

Although the world changes: constantly, God stays the same. He can be trusted to provide love, support, and strength when we need it. All we have to do is ask him. "For I the Lord. do est change, therefore you, O sons of Jacob, one not consumed. (Malacht B:5).

#### Pass it on

"Rvangelization means to set dur with Christin. order to pass. on the gift we  $_{\pm}$ havy received<sup>e⊀</sup> (Pope Renedica.

## God watches good efforts with loving eyes

We start the New Yam with the best of intentions, but life can get in the way. of success. Household excenses leave little for charity, work encroaches on

family Cine, daily tasks. distract from proyer. time, and healthy habits fall away. .. can be discounging when we stumble, but it's important to keep trying. Circl watches and efforts: with Joving eyes.

God knows our limits, Our Father understands that we are weak and that we struggle, Evan Peters Jesust class triend. promised devotion but later denied knowing him ()ohn:

 13: 07-38). Not only did tesus foreive. him, he made Peter the first bead of his beloved Church.

Don't let fear of failure keep you. from trying again. "Fear not, I am with you; be not dismayed; Lant your God. Link!

> surriginus mu. c and help you? (Issiah 41:10). The key is to: get back to the islan.

We aren't meant to do it alone, lesus is the source of our true strength and wants to help us get it right. "Remain inreal as Legitizar, properly fast asa stanch cuanat seat fruit.

on its cars unless al remains on the uine, so neither can muандак уош оныджан, өс гиз"

(John 15:4), "Finally, draw your strength. from the Lond and from his majory vision? (Ephresians 6:10).

# Why Do Catholics Do That

### Why do Catholics call Mary the Mother of God?

When we refer to Mary as "Mother of God." we are saying that lesny is Cod. The Church has always taught that Jesus is both God and sinless man, Asthe Word of God, he always

existed. He took on flesh and became: man to his ony thiough Mary (Johnit (4). Mary is truly his mother, she gave birth to bim and caised him. Since lesus is God. Mary, his mothes is the Mother of God | Catechism of the Catholic Check, M931.

## Forgiveness makes good sense

"My best triend fruit me terribly, hase") apologized and doesn't art sony. I refuse to forgive head "When my parents died, my knowled cook more than his share of their estate. I'll never speak to him again."

Refusing to forgive merely prolongs the hant ferlings and haps us in the past. It forces us to dwell on pad feelings and keep them alive. That feels exeful Torgiving is something we do for ourselves.

But when we forgive, the energy that

sustained the anger and hurt is now available for hetter purposes. That feels better

Need another reason? Jesus Guight its that to receive longiveness of our own sins we must forgive those who

have but us, if we can't or won't how can we obtain it for ourselves?

Listered, prey for those who bur, you and ask Coc to bless them. Not only will you find the pain start to lessed, you'll be saying one of Coc's favorite kinds of prayers. It's exactly how [exus prayed while on the Cross.



# Luke 1:1-4, 4:14-21; Jesus teaches in the synagogue

In this passage, Jesus rearmed home to Nazareth to teach in the synagogue. He read the prophecy of I-audi about the advent of the Messiah, who would on the or "bring glad tidings to the poor." Then the said. "Today this Scripture easings to fidfilled in pair bearing." He confirmed that he was the long awaited.

Messiah.

His hearers must have been shocked. They expected the Messiah to be a worldly king from an important city, bet a carpenter-turned-preacher from a small town like Nazareth. They expected this

Messiah king to defeat the appressive Romans and make Israel a powerful nation. Instead, Jesus conqueted the powerful enemies of an and death by his Death and Resurrection.

150 diaglagm the Ribbs, God

The guightent the Rible, God those unlikely heroes to carry out his plant think of Abraham, Moses, David, Sr. Peter, St. Paul, and many others, Jasus, the Son of God, fame to earth as a precional

Infant and lived in humility
powerty, and service. The Good News
is that Goo's love is stronger dian am
and death. If he rose to globy, those
who follow him will, too.



Jan. 2 – St. Gregory Nazianzen (189). Bern in Cappadocia, Torkey. St. Gregory was awarded the title of "The Theolog on" for his faithfulness and eloquence. Preferring the quiet life of a monk, he was unwillingly made a history of Sasima by his friend, Sr. Basil the Great. With St. Basil and St. Gregory of Nyssa, St. Gregory helped chaify the Church's teachings about the Holy Trinits.

Jan. 3 Teast of the Holy Name of Jesus. We honor Jesus' name, which means, "God saves," and refers to his

colssion as Saviot (Matthew 1:21). Jesus is "the name above all non-est" at which "every base should bend ..." (Philopians 2-10)

Jan. 5 - St. John Neumann (1860) The first, Americal, hishop to be tanonized was born in the present-day Czech Bepublic in 1810. St. John traveled to New York as a missionary before becoming hishop of Philadelphia. He built up the Catholic school. System and established. A diocesan schools. He also built more than 89 cb. sches, several hospitals and orphanages.

# Q & ^

# What is a "holy hour?"

A fliroly bourf is a devotion duting which one sets aside an hour for prayer and meditation before Jesus in the Blessed Somment. Try these ideas to make a holy nour

Find a tapernacle with a lit same carry lamp. The lance significs the presence of Christ.

Silence generall hoth interiorly and exteriorly. Clear your mind of daily successes or outside distractions.

Start the conversation. Ask the study Spirit to help you, then make acts of faith, hope and the ity, tell God how you hadeve, trust and love him. Ask for more faith, hope and love.

Acore God. Rather than recite prayers feats on adoration. God is all powerful all good, more health of than we can imagine, and more real than the distractions on which we focus.

Imagine Christ string with you. It's no, your love for God, but his for won that saves. God delights in the company of his children (Proverbs 6:21). If you can't pury, than just be with him. Hot ttself is a prayer pleasing to God.

#### Our Mission

To provide oracinal kiese the commons formfulls abolic thing. Success Publishing & Stacks, USG. Publishers of Coungers (Jurbit Jun, Juriese to Papart (540)662-9844 (340-660-910 Vishup Mosee informpublishing com (University for June 100 of the costs information Recognitional of Parkin and University Publishing

(Section) © (1975) 1001 i Barando, Publishing & Moula 1 of Ad Pighta Federald