

# January 20, 2019

Worship Centers: Holy Spirit Catholic Church, 201 44th St. South Parish Offices: 201 44th St. South Great Falls, MT 59405 Holy Family Chapel, 2800 Central Ave. Phone: (406)452-6491

Parish Office hours: Monday – Thursday 8:30 a.m. – 4:00 p.m., Friday 8:30 a.m. – Noon

Fax: 452-6495

Email: hsparish@holvspiritgf.org

Website: www.holvspiritgf.org

School: 2820 Central Avenue

Phone: 761-5775

Email: jwichman@holyspiritgf.org

web: www.holyspiritgfschool.org

Check out FORMED.org. Our parish code is PGMYJZ

#### Parish Staff

Pastor Fr. Doug Krings Dcn. Bill Medved Deacon Dcn. Pete Woelkers Deacon Mark Meyer

Parish Administrator

Mary Moore-Wingerter Administrative Asst. Aubrey Rearden Worship, DRE/Youth Ministry

Cindy Eultgen Christian Service

Nick Wingerter RCIA, Adult Formation

Kody Diekhans Elem. Formation, Music, Funerals

Chuck Osterman Maintenance

"Mary notes our needs before we ourselves feel them." ~ Venerable Fulton Sheen

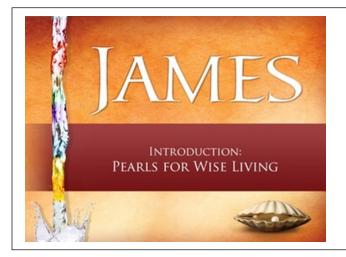
# Stewardship Fair!

Our annual Stewardship Fair is this weekend: Jan. 19-20. Many organizations will be represented, with many ways for you to get involved. Hope to see you there!





Fellowship Dinner Saturday January 19 at 5:30 pm Hosted by Lady of Snows Circle Meatloaf and all the fixings! Come join us!



# You Can Apply the Bible to Your Life!

If you want a better understanding of our faith, and a deeper relationship with God, then join us for James: Pearls for Wise Living.

The study includes a series of ten videos presented by Jeff Cavins.

This study will begin Sunday Jan. 27 from 1-3 pm and end on April 7.

The study will be led by Father Doug and Deacon Pete. Sign up after Mass or contact Deacon Pete at 899-7383 or deaconpete@holyspiritgf.org

# The Second Sunday in Ordinary 7ime, January 20th, 2019

### Holy Spirit Parish Weekend Mass Schedule

Saturday – 4:30 p.m.

Sunday – 8:30, 11:00 a.m. & 6:00 p.m.

#### **Daily Mass Schedule**

#### **Holy Spirit Day Chapel:**

Mondays 8:30 a.m, .Tuesdays 5:15 p.m.,

Wednesdays & Thursdays 8:30 a.m.

Park Place (3200 15<sup>th</sup> Ave. S) 2nd Wednesday each month 2:30 Highgate (3000 11th Ave S) 3rd Wednesday each month 1:30

Holy Family Chapel (2800 Central Avenue) Fridays 8:30 a.m.

**Reconciliation:** Saturdays - 2-4 pm, Wednesdays 5:30-6:30 pm or by appointment with a priest.

### Holy Spirit Chapel is open for prayer before the Blessed

Sacrament: Monday - Thursday 8:30 a.m. - 4 pm Friday 8:30 - 12.

#### **Mass Intentions:**

Mon. 1/21 - 10:00 am Funeral Mass for Glen Caniporoli

Tue., 1/22-5:15 pm.- Angie Dawson (sp int) r/b Maronicks Wed., 1/23–8:30 am - +George Saunders r/b Wingerters Thu., 1/24-8:30 am - +Moita Sorkness r/b M & J Muretta

Fri., 1/25-8:30 am, HF -

Sat., 1/26- 4:30 p.m.-+Roberta Swan r/b G Swan Sun., 1/27-8:30 am.- +Marie Grande r/b J Frisch 11:00 a.m. - +Dick Forrester r/b Bolstad family - 6:00 p.m.- Parishioners

Readings for next week: 3rd Sunday in Ordinary Time

1st Reading: Nehemiah 8:2-4a, 5-6, 8-10 2nd Reading: 1 Corinthians 12:12-30

Gospel: Luke 1:1-4, 4:14-21

#### **Coffee & Rolls Schedule**

Jan 20: Knights of Columbus

Jan 27: HSCS: 8:30 ~ Green, G Thomas, Depner, Anfinson,

Abling. 11:00 ~ Kambic, Dimson, Goger, Johnson-Lorang,

MacDonald, Pravazabojovnik, Shannon

#### **Bus Schedule:**

Jan 26: Dave Stukey, Martin Triplett

Jan 27: Jan Olson, HELP NEEDED

# What's Happening This Week...

Saturday: Fellowship Dinner- 5:30 pm hall Stewardship Fair! hall

Sunday: Stewardship Fair!

Elem formation - 9:45 am Sts. P&P Youth group - 7:00 pm Sts. P&P

**Tuesday:** Worship comm - 7 pm con. Rm. Wednesday: Elem formation - 6:15 pm Sts. P&P

Thursday: RCIA - 7 pm

Saturday: Fellowship Dinner - 5:30 pm hall The BALL - 5 pm Civic Center Sunday: Elem. Formation - 9:45 am Sts. P&P

Bible study - 1 pm hall

# Liturgical Ministers for January 26, 27

4:30 PM	8:30 AM	11:00 AM	6:00 PM		
★ Sub requested ~ log in to Web Terminal and accept the sub					
	Bread Baker	Holy Wash			
	M Frazier-Harris P Kolar	C Fuhrman			
Sacristan					
S Mohler	M Nickol	K Krattiger			
Greeters					
Kasuske family	McGuires S & D Barros	J Baje, D & S Wilson, D Linn			
Ushers					
T Tomich M Thompson	D Erickson C McKelvey	Francis' C Christiaens	J Collins		
	Cross				
C Baker	G O'Neill	N Stimac	E Martin		
	Altar S	Servers			
R Frazier-Harris B Lorenz	R O'Neill G O'Neill	J Stimac A Kasayka!	P Devlin C Collins		
	Readers				
M Leach K Shipley	S Robinson T O'Neill	T Lorang D McFadden	D Rearden		
Shipleys B Thelen	Warren family	Ryan family	Martin family		
	Ministers of the Eucharist				
B Medved T Stukey A Klundt W Baker K Frazier-Harris H Fehres A Trunkle K Weinheimer T Grau C Grau M Frenick T Hopkins M Kasuske R Kuka R Kuka	P Woelkers K O'Neill M O'Neill K McGuire R Erickson A Ambuehl N Ambuehl R Kohut C Neu T Neu T Cowhick	P. Woelkers R Ryan R Ryan P Byrne J Byrne A Bulger V Williamson★ B Williamson★ C Huber Z Stimac M Stimac C Paul T Paul R Seilstad H Houghton	T Martin C Rearden V Donisthorpe S Donisthorpe		

#### Care for our Common Home!

Thank you for being a steward of the Earth!

Weekend	Newspaper	Cardboard
3rd (Jan. 18 - 24)	OPEN	R. Shipley
4th (Jan. 25 - Jan 31)	D & P Birkenbuel	C. Nowak
1st (Feb. 1-7)	K of C 9395	C. Jernigan
2nd (Feb 8-14)	K. Weinheimer	S. Lind

School Paper: Greg Bonilla School Cardboard: Scott Lind (2nd Week) K of C (1st & 5th weeks) Week starts on Friday

### Call Parish Office for information on RCIA, Adult Formation or Marriage Preparation

#### For all who seek to become Christian believers

Call Nick 868-4770 or come Thurs. at 7 pm in the RCIA room (Sts. Peter and Paul Center) all year round. 1/17: Kathy Nyman-Wendt & Jay Stenzel; Theophilus & Jesus in the Nazorene synagogue.

#### WANT TO KNOW MORE ABOUT CATHOLICISM?

Come support the RCIA program and grow your faith as well. Open to all parishioners at 7 pm Thursdays meet every week in the RCIA room for prayer and discussion with others who are also curious about our faith.

RICA Adapted for Children: Thank you to Lori Durocher for volunteering as catechist for this group! Watch this space for more information. For children age 7 or older who are not baptized, or baptized in another faith tradition. Call Nick at 868-4770.

## Youth Ministry

Aubrey Rearden 452-6491 ext. 207 aubrey@holyspiritgf.org Cell Phone: 868-6713

> Youth Group Sunday Nights: Mass 6:00pm Youth Group 7:00-8:30 pm





YOUTH GROUP This Sunday January 20th: 6 o'clock Mass followed by Youth Group 7-8:30 @ Sts. Peter & Paul Center. Bring a friend!



High School Bible Study meets each Wednesday @ Schulte's Coffeehouse from 6:45-7:30am, everyone is welcome!

### **Elementary Faith Formation**

Kody Diekhans 452-6491 pianokody@holyspiritgf.org Elementary Formation (Pre-K - 6th Grade) & Sacramental Prep (2nd Grade)

Sunday 9:45-10:45am or Wednesday 6:15-7:15pm

#### **Elementary Formation Classes:**

Sunday: 9:45-10:45am Wednesday: 6:15-7:15pm

## **Young Adult Ministry**

Nickolas Wingerter ext. 205 nickw@holyspiritgf.org 406-868-4770

#### **INSPIRE!**

Thank you to those folks who came to our painting event. I hope you all enjoyed the evening.

Watch this space for news of our February event!

## **Holy Spirit School**

Melissa Hallahan, Vice-Principal Jim Wichman - Principal Jackie Wike, Robin Verzuh Administrative Assistants Colette Longin, Development Director, clongin@holyspiritgf.org 761-5775 www.holyspiritgf.org

Mid-year registration is happening now at HSCS! If you're thinking about a change for your child, now is the time! Our smaller classes mean teachers can accommodate all learning levels and give special attention where needed, while supporting the spiritual growth of their students...and fostering and encouraging the same principles your family values at home. We're known for our tradition of Excellence in Education in Great Falls...come visit and find out why! Call 761-5775 to schedule a tour today. Open houses are scheduled for January 29, 2019!

Mark your calendars now for :The BALL...Building A Lasting Legacy" our all new event for Great Falls Catholic Schools! We're joining together for our annual dinner auction events, and look forward to this being a wonderful time to come together as a Catholic community! The BALL will take place on January 26th, 2019 a the Mansfield Convention Center. Look for your invites in the mail soon! If you are interested in Sponsorships, please call Colette in the Development Office!

Our music department is in need of a piano! If you have one you would like to donate, please call the school.

#### Christian Service

Cindy Eultgen 452-6491 ext. 208 cindy@holyspiritgf.org



Fellowship Dinner: Hosted by Our Lady of the Snows Circle. Famous Meatloaf and all the fixin's. Saturday, January 19 after 4:30 Mass. <u>All are welcome!</u> Free will offering.

# **Grief Support** And Presentation by Jim Capp



All are welcome: Tuesday, January 22 at 4 pm in the Parish Conference Room and 7 pm in the RCIA room at Sts. Peter & Paul

In last week's Gospel we heard God proclaim to Jesus, "You are my beloved Son, with you I am well pleased." Luke 3:22. Today we hear from Isaiah "You shall be called my delight...for the Lord delights in you." 62:4. The second reading expounds, but not exhausts, the many many gifts and potential for each one of us! Are we not made for goodness? Jesus' first miracle in today's Gospel Jn. 2:1-11 and all his miracles are for goodness!

These are just a few examples from scripture to show how bountiful and plentiful God's goodness is available to us to help us use our gifts, strengths, and talents! How shall we respond? First with joyful participation in the Glory of God here at Mass! Then, we "go out to spread the Good News!"

How do we do that? A smile, listen with eye contact, hold a door, ministries, and stewardship. Here are some current needs.

- Visit the sick and homebound
- Drive the homebound to Mass
- Pick up recycling from the bins
- Sell Fair Trade goods after 11 am Mass

This is your call! Contact Cindy for more info. 452-6491 ext 208

# Stewardship

Thank you goes to Kathey Hodges for coordinating Family Promise the sign ups for Family Promise Holy Spirit. Thank of Great Falls you to all of you who signed up and are willing and able to serve the week of our next hosting. It takes many hands and hearts to serve our guests who come to us for a hand up. Thank you also goes to Kathy Remington and Patsie Thomas for coordinating the Ministry Fair table. It takes many leaders to care for Family Promise in our parish. It is a program that belongs to the whole community. With the coordination that the leadership provides, our community experiences fairly smooth and efficient transitions from one task to another. Thank you to the leadership for serving during the host week, for cot teams, for laundry, and for our deaf community who pray for Family Promise. You make the "work easy and the burden light."

An organization grows by accepting new volunteers. Some of you want to go for training and the next one is at 1019 Central (Family Promise Great Falls Headquarters) on Wednesday January 23 from 6:00-7:15 pm. It is open to everyone who wants to learn more or work directly with guests. To learn more about what you can do in Family Promise Holy Spirit, give Kathie Malby a call at 781-5033. She will return your call as soon as she can.

### Worship

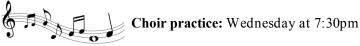
Aubrey 452-6491 ex. 207 <u>aubrey@holyspiritgf.org</u>

Ministry Update: Please watch your mail for an informational letter and a post card to update your ministry scheduling preferences. If you filled out a Time & Talent form this fall you do **not** need to return the postcard unless your information has changed.

Worship Commission Meeting: Tuesday January 22, 2019 @ 7pm in the conference room at the main church.

#### Music

Kody 452-6491 ex. 206 pianokody@holyspiritgf.org



We have started new mass parts!! Mass parts can now be found in the white pamphlet in the pews! You can also LIS-TEN to the Mass parts on our website!

# Knights of Columbus, Council # 9395

### SAVE THE DATE!

The Knights of Columbus Free Throw Championship Boys and Girls age 9 through 14 Saturday January 26th 11 am to 2 pm Sts. Peter and Paul Gym

#### Milestones

Welcome to Nick and Holli Langlieb, with their daughter Milena, who recently joined our parish. Welcome!

# **Courtesy Announcements**



Marriage Encounter Weekend: Married Couples Do You Find That Life is Full of Distractions? Sports, kids, hobbies, work, volunteering, social engagements, meetings...the lost goes on and on! When was the last time you said NO to all of this and YES to your marriage? Attend an upcoming Worldwide Marriage Encounter weekend and

experience the power of saying YES to the daily decision to love your spouse.

Upcoming dates are: Billings MT Jan 25-27, 2019 and Thermopolis, WY Feb 22-24, 2019. For more information and to apply visit www.wwme.org or call Paul & Tracy 307-689-2820.

#### Are you searching? Do you know someone who is searching?

Catholics Come Home website may be helpful. Very attractive multimedia site with solid Catholic teaching, and up-to-date situations and understanding. There are three doors to open for information:



- I'm not Catholic: I'm Protestant, Evangelical or another faith / I'm not really religious
- I'm not currently attending Mass: Tell me more about "coming home" / How will it help me? / Tell US how CCH helped you or someone you know.
- I'm blessed to be Catholic: Help family or friends "come home"/Support our evangelical mission/Air evangomercials® in your diocese Explore www.CatholicsComeHome.org



Matrimony: A calling to forgive! "Mercy is the force that reawakens us to new life and instills in us the courage to look to the future with hope."

Retrouvaille offers a welcoming and loving space to couples who have been living with the misery of a failing marriage. Retrouvaille offers hope: hope that it is not too late, hope of a different and better marriage. Retrouvaille helps couples to show each other mercy through the opportunities it provides to listen, to forgive, to be reconciled and to move into their futures believing that God loves them and with His help and their efforts, their marriages can be healed and restored. Retrouvaille provides help for marriage problems/difficulties/crises. For more information about an upcoming Retrouvaille Weekend program for couples. contact registration team: at 1-800-470-2230 or visit our website: www.retrouvailleMT.org or www.HelpOurMarriage.com.

Sweetheart Breakfast at Corpus Christi, Feb. 10 from 8 am-1 pm. Menu includes: pancakes, French toast, sausage, ham, eggs, biscuits & gravy, hashbrowns casserole, coffee and juice. Free will offering. Sponsored by the City-wide Adoration Society.

> Saint Michael Radio ~ \*FM 97.1 "Sharing the Splendor of Truth"

# Holy Spirit Parish Health Tips from the Parish Nurses

# Healthy Mind, Body, and Spirit

It is the time of year again when people make resolutions to exercise more, eat a balanced diet and be healthier. This year you are encouraged to consider emotional and spiritual health along with your physical health. Stress management and self-care are important components in our overall health. Research shows it is important for people to recharge and restore body, mind, and spirit for overall health and well-being.

Self-care is nurturing the body, mind and spirit to optimize personal health and well-being. The core of self-care is about being good stewards of our body, mind and spirit so we can be the best version of ourselves. God calls us to be good stewards to ourselves and others. When we are recharged and restored, we can offer the best of ourselves to the people we care about. It has been said, "We can't give what we don't have" and when we are depleted spiritually, mentally or physically, we are unable to provide the care and support to others that we desire.

### Physical self-care suggestions:

Eat a whole food balanced diet with a variety of fruits and vegetables

Drink enough water

Exercise at least 20 minutes a day

Sleep a minimum of 7 hours at night

Make time to relax

Take time to breathe deep during the day

# Mental and Spiritual suggestions:

Make time to participate in things you enjoy

Find joy in the world around you

Treat yourself with kindness and respect

Turn off electronics

Engage in stress-reducing activities (excluding T.V. or screen time)

Make time for daily retreat, prayer, or meditation

Become aware of the present moment

Say an act of faith

Pray the Rosary

It is vitally important to nurture our soul and spiritual health in addition to physical health. There is no one who deserves your love and compassion more than you. When we quiet our minds, our lips, and our hearts, we can hear the voice of God.



Lillaberter

Save the Date!

Sunday, March 3, 2019

Women's Day of Prayer

Led by
Sr. Judith Ann Crosby,
Poor Clares of Montana

Hosted by the Holy Spirit Parish Nurses