



Holy Spirit

Catholic Parish and School

November 24th, 2019

34th Sunday in Ordinary Time

Worship Centers:

Holy Spirit Catholic Church

201 44th St S; Great Falls, MT 59405

Holy Family Chapel

2800 Central; Great Falls, MT 59401

Parish Office:

Mon-Thur: 8:30-4, Fri: 8:30-noon

201 44th St S; Ph. 452-6491, Fax 452-6495

Email: hsparish@holyspiritgf.org

Website: holyspiritgf.org

Holy Spirit Catholic School

2820 Central Ave, Great Falls, MT 59401

761-5775; Principal: Melissa Hallahan

Email: mhallahan@holyspiritgf.org

Website: holyspiritgfschool.org

Check out FORMED.org.

Parish code: PGMJYZ

"In all created things discern the providence and wisdom of God, and in all things give Him thanks." ~ St. Teresa of Avila



**Thanksgiving Day Mass will be at
9:00 am
Thursday November 28.**

**Our 2020 calendars have arrived
and are available on the table by
the main doors. Please help
yourself!**

**Thank you to our sponsors
Schnider Family Funeral Homes
and Jerry Boland Realty**



Mass Schedule:

Weekend Masses:

Saturday 4:30pm

Sunday 8:30 & 11am

Week day Masses:

Monday 8:30 am; Holy Spirit

Tuesday 5:15 pm; Holy Spirit

Wednesday 8:30 am; Holy Spirit

*2nd Wed. Park Place, 2:30 pm

*3rd Wed. Highgate, 1:30 pm

Thursday 8:30 am; Holy Spirit

Friday 8:30 am; Holy Family Chapel

Saturday 8:00 am; Poor Clares

Reconciliation:

Saturdays 2-4 pm; Wednesdays 5:30-6:30 pm



Adoration:

Sunday 7 pm -- Tuesday 5 pm



Baptism Preparation Sessions

**If you are expecting a baby or recently had a
baby and would like the baby baptized at
Holy Spirit, you must attend our
Baptism Preparation classes.**

Our next sessions will be:

Sunday December 8 at 1:00 pm

Sunday December 15 at 1:00 pm

These sessions will be at Peter and Paul

Parish Staff:

Fr. Doug Krings

Pastor

Fr. Garrett Nelson

Adult Formation,
RCIA (on leave)

Dcn Pete Woelkers

Deacon

Dcn Bill Medved

Deacon

Mark Meyer

Parish Administrator

Aubrey Rearden

DRE, Worship,

Youth Minister

Cindy Eultgen

Christian Service

Nick Wingerter

On leave

Kody Diekhans

Music

Elem. Formation

Chuck Osterman

Maintenance

Mary Moore-Wingerter

Administrative Asst.

Bookkeeper Wanted: Heidi Heavin, our present bookkeeper, is taking a promotion at her firm and will resign effective December 31st. We appreciate her five years of outstanding service to Holy Spirit Parish and School. We are currently searching for an experienced bookkeeper to take her position. Incumbent has responsibility for the financial books and reports of Holy Spirit Parish and School and requires about 40-50 hours per month. Self employed independent contractor preferred. For more information call Mark at the parish office. Resumes are due by close of business Dec. 2nd.

Weekly Happenings~

Mass Intentions:

Mass	Intention	Requested by
Mon 11/25-8:30 am	Patricia Routson (sp int)	D Hudson
Tue 11/26-5:15 pm	+Bruce Rustvold	D McCallum
Wed 11/27-8:30 am	+Antonio Verploegen	A Verploegen
Thu 11/28 - 9:00 am	Parishioners	
Fri 11/29 8:30 (HF)	NO MASS	
Sat 11/30- 4:30 pm	+Steve Pedro	V Pedro
Sun 12/1- 8:30 am 11:00 am	Parishioners +Doug Wilson	A Verploegen

Readings for next week~ 1st Sunday of Advent
1st Reading: Isaiah 2:1-5
2nd Reading: Romans 13:11-14
Gospel: Matthew 24:37-44

Coffee & Rolls Schedule~

Nov 24: Holy Spirit School
Dec 1: 8:30~ Moog family; 11:00~ Blair family

Bus Schedule~

Nov 30: HELP NEEDED!
Dec 1: HELP NEEDED!

Calendar of events~

Sunday:	Elem. Formation - 9:45 am Bible study - 1 pm Adoration Youth Group - 6:30	Sts. P&P Hall Hall Sts. P&P
Tuesday:	Bereavement group - 4 pm & 7 pm	Con. Rm.
Wednesday:	High School Bible Study - 6:45 am Office closes at NOON	Schultes
Thursday:	Happy Thanksgiving! Office closed	
Friday:	Office closed	
Sunday:	Elem. Formation - 9:45 am Bible Study - 1 pm Youth Group - 6:30 pm Adoration	Sts. P&P hall Sts. P&P

Care and Share through Nov 20

Assessment:	\$107,288.16
Total gifted as of 20/Nov	<u>\$86,368.96</u>
Balance	\$20,919.20
Outstanding pledges	<u>\$3,125.00</u>
Balance after pledges made	\$17,794.20
Needed weekly to meet goal	\$2,224.28

Liturgical Ministers for Nov. 30, Dec. 1

4:30 PM	8:30 AM	11:00 AM
★ Sub requested ~ log in to Web Terminal and accept the sub		
Bread Baker		Holy Wash
	P Kolar B McKinney	T Dimke
Sacristan		
S Mayernik	G Matsko	K Krattiger ★
Greeters		
F & M Handwerk, J Edgar, C Hoscheid	J & J Christiaens, G Drake, K Trottier	Nicholson family D Linn
Ushers		
T Tomich M Thompson	M Van Heel M Nickol	N St. Clare
Cross Bearer		
J Polacek	C Hellyer	
Altar Servers		
D Schuler C Schuler	L Hellyer G O'Neill	N Stimac J Stimac
Readers		
T Gilligan T Grau	S Robinson B McNamee	M Francis L Francis
Gift Presenters		
Frazier-Harris family	J & E Gort	A McKinney, G Hodges
Ministers of the Eucharist		
E Becker G Tremper P Tremper F Polacek R McDunn T Gilligan A Trunkle H Fehres K Reed M Ouellette T Hopkins T Rigor R Olmstead B Minnerly T Ewalt	P Woelkers J Van Heel R Hellyer K Trottier T O'Neill M O'Neill K O'Neill R O'Neill J Schulte M Schulte L Durocher J Durocher H Smith V Smith S O'Rourke	P. Woelkers C Christiaens C Paul ★ T Paul ★ A Bulger H Fehres W Fehres S Fehres G Hooks C Huber V Williamson B Williamson G Boysun H Boysun S Harrington



Weekend	Newspaper	Cardboard
4th (Nov. 22-28)	D & P Birkenbuel	C. Nowak
5th (Nov. 29-Dec 5)	K of C 9395	K of C 9395
1st (Dec. 6-12)	K of C 9395	C. Jernigan
2nd (Dec 13-19)	K. Weinheimer	OPEN
3rd (Dec 20-26))	OPEN	R. Shipley

School Paper: Greg Bonilla



**Call Parish Office for information on RCIA,
Adult Formation or Marriage Preparation**

For all who seek to become Christian believers

Call Fr. Doug at the office, ext 203, or come Thurs. at 7 pm in the RCIA room (Sts. Peter and Paul Center) all year round.

Youth Ministry

Aubrey Rearden 452-6491 ext. 207 aubrey@holyspiritgf.org
Cell Phone: 868-6713

Youth Group Sunday Nights Beginning September 22, 2019
Youth Group 6:30-8:30 pm



**Youth Group this Sunday, November 24,
2019...See you there @ 6:30!**



High School Bible Study is back up and going.
Join us every Wednesday **morning** from 6:45-
7:30am @ Schulte's Coffeehouse.

Elementary Faith Formation

Kody Diekhans 452.6491 pianokody@holyspiritgf.org
Cell 799.2626

Elementary Formation (Pre-K - 6th Grade)
& Sacramental Prep (2nd Grade)

We are in need!!!

Elementary Faith Formation is in need of
clip boards for our 3rd grade class!! If
you have any old clipboard to donate we
would greatly appreciate the donation!!
Please bring the clipboards to the main
office! Thank you!



Please find registration forms and calendars in the entry-
way by the front doors of the building!

Sacramental Preparation

Kody Diekhans 452-6491 ext. 206 pianokody@holyspiritgf.org
Cell 799.2626

*Sacramental Preparation for receiving Reconciliation, Confirmation,
and First Eucharist began Sunday September 22nd. This is geared
toward children in 2nd grade, those who have not received these sac-
raments, or those children who have not been confirmed. If you have
questions, please call Kody or Aubrey.*

Holy Spirit School

Melissa Hallahan, Principal, mhallahan@holyspiritgf.org
Jackie Wike, Robin Verzuh Administrative Assistants
Colette Longin, Development Director, clongin@holyspiritgf.org

Please mark your calendar for The BALL...Building A Lasting Lega-
cy, our joint dinner/auction night out happening on Saturday, February
1st, 2020. This year, we plan to also do a more casual night on Friday
evening where children are welcome! Full preparations for this event

will be underway soon, and we hope you will plan to join us.

Sign up for Amazon Smile and the all-new BoxTops app, and name
Holy Spirit Catholic School your beneficiary! If you are already shop-
ping, don't let your money go to waste! We get a small percentage
back of all sales (Amazon Smile)...or funds (through Box Tops) to use
in the classroom.

We are now just about halfway through the school year...we are still
registering for the 2019-2020 school year! We invite you to come see
for yourself why we're known for our tradition of excellence in educa-
tion. Our smaller classes mean teachers can accommodate all learning
levels and give special attention where needed, while supporting the
spiritual growth of their students...and fostering and encouraging the
same principles your family values at home. Call the school for a tour
today!

Christian Service

Cindy Eultgen 452-6491 ext. 208 cindy@holyspiritgf.org

***Mission:** To share God's love through action, education,
and community building*

The Bereavement Team is sponsoring a talk and
conversation on grief and

Getting Through the Holiday's

Jerri Gertson, Peer to Peer Support Volunteer
for the grieving, will talk and facili-
tate discussion on *Getting Through the*
Holiday's



Tuesday, November 26 at 4 pm and at 7 pm
in the Parish Hall. All are welcome!

December Grief Group will be on the *third* Tuesday, De-
cember 17, due to Christmas day landing on the fourth Tues.

Ministry to the Divorced

On Wednesday from 6 -7 pm in conference rm.
Last meeting of the year **December 4**

Mark Your Calendar! A very special Fellowship Dinner
hosted by St. Martin de Porres Mission (Emilie
Center and St. Jude's) will be on Saturday, De-
cember 7 at 5:30 pm. A tasty baked potato bar
for all! Free will offering.



Parish Nurses thank Beth Munsterteiger for talking to
parishioners about preventing falls. She
showed us practical exercises and gave us a
checklist to assess our home for safety!



Thank You!

Stewardship



Thank you to the LDS Roe River and Portage Wards for hosting Family Promise at the Monsignor House this past week. Our hosting week begins today, Sunday, November 17. Please continue to pray for the family of 1 Mom with her 2 little sons. Thank you to all of you who donated food for our week. Some of it stays at the Monsignor House and some of it goes down to the HUB for breakfasts and lunches.

In the Joy of the Gospel by Pope Francis, on page 194 he says: *Sometimes we lost our enthusiasm for mission because we forget that the Gospel responds to our deepest needs, since we were created for what the Gospel offers us: friendship with Jesus and love of our brothers and sisters.* As we approach our hosting week our enthusiasm remains strong. The Monsignor House will be open this week from 4:00-7:00. Feel free to bring any donations during that time. Kathie Malby will be on site coordinator for Sunday evening. Patsie Thomas will be on site coordinator for Monday, Tuesday and Wednesday. Kathy Remington will be on site coordinator for Thursday, Friday and Saturday. Thank you to everyone who is volunteering to spend the night or bring in supper to serve to our homeless family. The enthusiasm for this ministry continues because each of you makes it worth it.

If you want to know more about the Family Promise program at Monsignor House Holy Spirit, or you want to use the home for a meeting, please give Kathie Malby a call at 781-5033 and leave a message. She will return your call as soon as she can.

Worship

Aubrey Rearden –Worship Coordinator
452-6491 ex. 207 aubrey@holyspiritgf.org
Mary Wingerter—Ministry Scheduler

If you missed the training for your ministry, please take a moment to stop by the sacristy and grab a ministry instruction/guideline sheet for your respective ministry.

READERS: New Reader Workbooks are available in the sacristy, please pick up your copy before the end of November.

Music

Kody 452-6491 ex. 206 pianokody@holyspiritgf.org
Cell 799.2626

CHOIR PRACTICE: Tuesday, November 26th at 6:00PM—ALL ARE WELCOME!!

New Mass parts will be starting the 1st Sunday of Advent!!
You may listen to the new mass parts on our website!

Parish Council of Catholic Women



Our Lady of Snows Circle has a beautiful nativity, with a music box, carved from olive wood in the Holy Land. We are selling raffle tickets for \$5 each and they may be purchased at our Mrs. Santa’s Kitchen bake sale December 14 & 15.

Milestones

Holy Spirit Parish welcomes **Natalie Ann Wilson**, daughter of **Ryan and Kayla**, who was baptized this weekend. Congratulations!

Courtesy Announcements



Catholic Social Services of Montana (CSSM) would like to take this opportunity to THANK YOU for your generous support of our ministries. Together we made ADOPTION A VIABLE CHOICE for women experiencing unplanned pregnancies and couples hoping to grow their family. Through tears of gratitude a birth family member stated, “[CSSM Social Worker] continues to be a pillar of strength for my sister and parents and her soul shines thru it all”. Our donors, volunteers, and staff make miracles happen! www.cssmt.org

Once upon a Nativity, Olthoff Nativity Collection



Carol Olthoff has collected over 800 Nativity scenes. She has shared them with the people of Great Falls for the past 8 years. The scenes are displayed in glass display cases. Please take the opportunity to view these amazing Nativities and find the true Reason for the Season.
At the **Columbus Center**, 1601 2nd Avenue North
December 9 - January 7
Mondays 10:00 am - 6:00 pm
Please call Carol Olthoff, 406-799-8109 for guided tours or questions.

National Night of Prayer for Life
For the Feast of the Immaculate Conception and the Feast of St. Juan Diego, we will unite in prayer with churches across the country to pray to end abortion and restore God’s blessings.
Corpus Christi
Saturday 12/7/19
Adoration 6:30-10:00 pm
The National Night of Prayer for Life includes Adoration, the Holy Rosary, prayer to St. Michael and silent prayer.

Marriage Encounter Weekend: A good marriage is definitely something to be thankful for! When counting your blessings this time of year consider attending a Marriage Encounter Weekend and show your spouse how thankful you are for them! This private weekend for you and your spouse offers a chance to reconnect, improve communication and fall more deeply in love. Upcoming dates are: Billings, MT Jan 24-26, 202. For more information and to apply visit www.wmme.org or call Paul and Tracy 307-689-2820.

Saint Michael Radio ~ *FM 97.1
“Sharing the Splendor of Truth”

Health Tips



**Presented by
Holy Spirit Parish Nurses**

Symptoms of Diabetes

- * Frequent urination
- * Extreme thirst
- * Frequent dental infections
- * Dizziness or fainting

Also common are changes in Blood Pressure from lying to sitting to standing

- **Type I Diabetes** – formerly called Juvenile Diabetes is an auto immune disorder where the immune system attacks pancreatic beta cells that produce insulin. Many type I Diabetics produce a small amount of insulin. Type I Diabetes usually happens early in life but can come on later.
- **Type II Diabetes** is insulin resistance diabetes. It appears to be caused at least in part by inheritance and by higher levels of triglycerides released from abdominal fat, not dietary fat. Insulin resistance increases the body's need for insulin.

Diabetes Mellitus is a disease caused by diminished rates of insulin available to the cells. Insulin is a hormone produced by the Beta cells of the pancreas. Insulin's major function is to regulate the level of glucose in the blood stream which is transported to the billions of cells that make up the body.

High blood sugars can lead to changes in metabolism that lead to diabetic acidosis causing rapid and deep breathing. Acidosis can lead to coma and death.

The theory of treatment of diabetes is based on the administration of enough insulin to enable the patient's metabolism of carbohydrate, fat, and protein to be as normal as possible. Optimal therapy can prevent most acute effects of diabetes and greatly delay the chronic effects as well.



Family Promise Great Falls sponsors some interesting fundraisers

Please note the following musical evening with award winning guitarist John Floridis

- Thursday, December 5
- 7 pm
- Our Savior's Lutheran Church (1326 1st Ave N)

Free will donation will be taken

Family Promise Holy Spirit @ the Monsignor Gluszek Hospitality House

Watch the bulletin for opportunities to volunteer in assisting the homeless families in the Monsignor House @ 2810 Central. Please feel free to call contact person: Kathie Malby @ 781.5033.

In 2015 Holy Spirit Church was the 1st of 13 churches to begin the rotation of hosting families who are homeless. The House we named after a beloved retired pastor, Monsignor Gluszek, owned by Holy Spirit Church, was empty so we took on the responsibility of cleaning & maintaining it for the main purpose of hosting families who wanted a program that would help them get back on their feet. Unlike the homeless we experience living on the streets, many of the parents have jobs but no home. They just need time to put together the monies & resources to find & rent an affordable & decent place so their families can feel protected & safe.

In order to be in the Family Promise program, parents/guardians must have children & enter into a contract to comply with regulations of the Program. Parents cannot stay in any of our Churches if their children are not with them. This program has an emphasis on children. Creating opportunity for children to be safe is the whole goal of Family Promise. Research says when a child has a place to call home, s/he feels safe. Parents go through interviews as well as background checks. They sign a contract for 60 days & can stay longer @ the discretion of the Executive Director. Our responsibilities @ the Monsignor House regarding the Family Promise program begin & end with hosting Families for 1 week at a time, 4 times a year; we house them over night & feed them suppers @ the House & send breakfast foods & lunch foods to the HUB (Center) @ 1019 Central Avenue (Family Promise Great Falls).



Thanksgiving is America's national day of gratitude. While the origins of this holiday are debated, George Washington proclaimed the first nationwide celebration of thanksgiving in America by marking 26 November 1789 as *"a day of public thanksgiving and prayer to be observed by acknowledging with grateful hearts the many and signal favors of Almighty God."*

After that, American celebrations of Thanksgiving varied from state to state until 1863, when the Civil War was at its bloodiest and Abraham Lincoln, seeking to foster a sense of unity between the North and South, proclaimed the last Thursday of November to be *"a day of Thanksgiving and Praise to our beneficent Father who dwelleth in the Heavens."* In 1939 Franklin Delano Roosevelt proclaimed that Thanksgiving would be celebrated a week earlier that year and the following year so as to embolden the economy by adding an extra week to the holiday shopping season as the country was coming out of the Great Depression. Two years later President Roosevelt signed a joint resolution of Congress that legally established the fourth Thursday in November as the federal Thanksgiving Day holiday, America's national day of gratitude.

What is gratitude? In his essay "Why Gratitude is Good," Dr. Robert Emmons, a professor of psychology and researcher on gratitude and thanksgiving, says that gratitude has two components. *"First, it's an affirmation of goodness. We affirm that there are good things in the world, gifts and benefits we've received. This doesn't mean that life is perfect; it doesn't ignore complaints, burdens, and hassles. But, when we look at life as a whole, gratitude encourages us to identify some amount of goodness in our life."* The second part of gratitude, he states, *"is figuring out where that goodness comes from. We recognize the sources of this goodness as being outside of ourselves. It didn't stem from anything we necessarily did ourselves in which we might take pride...We acknowledge that other people - or even higher powers, if you're of a spiritual mindset - gave us many gifts, big and small, to help us achieve the goodness in our lives."*

Professor Emmons' studies found that those who practice gratitude consistently report a host of physical, psychological, and social benefits. It turns out that having an attitude of gratitude is often good for the soul, makes us better people, and enriches our life. While this scientific understanding of the significance of gratitude is relatively new, gratitude has long been a staple of the ancient Judeo-Christian and monastic Wisdom traditions. The Wisdom traditions hold that gratitude is important at all times and in all places. St. John Chrysostom says this so well: *"The mark of a soul that loves wisdom always gives thanks to God. If you have suffered evil, give thanks, and it is changed to good. They have not sinned who suffered the evil, but they who have done the evil. Give thanks even in disease, lack of possessions, or false accusations. It is not we who are injured but those who are the authors of them."*

Christians are called to be grateful, not merely on Thanksgiving Day, but at all times and in all places. That's what the Eucharist is. That's what the Eucharist calls us to be. Thanks be to God!

Taken from a sermon by Father Douglas Mullin, O.S.B.



***Holy Spirit Parish offers
ONLINE GIVING!***

This is a simple way to make your weekly, monthly or periodic contribution to the parish. The designated amount is automatically withdrawn from your checking account or credit card. You also have the ability to designate which fund (Sacrificial Offering, Building, Care and Share etc) you would like your contribution to go to.

To sign up for this service, please visit our website: holyspiritgf.org. The Online Giving button is on the lower left side of the home page. Click on the button to access the sign up form.

You can also call Mark at the office for more information.

