



# Holy Spirit

Catholic Parish and School

February 19th, 2023  
7th Sunday of Ordinary Time

## Worship Centers:

### Holy Spirit Catholic Church

201 44th St S; Great Falls, MT 59405

### Parish Office:

Mon-Thur: 9:00-4, Fri: 9:00-noon

201 44th St S; Ph. 452-6491

Email: [hsparish@holyspiritgf.org](mailto:hsparish@holyspiritgf.org)

Website: [holyspiritgf.org](http://holyspiritgf.org)

### Holy Spirit Catholic School

2820 Central Ave, Great Falls, MT 59401

761-5775; Principal: Melissa Hallahan

Email: [mhallahan@holyspiritgf.org](mailto:mhallahan@holyspiritgf.org)

Website: [holyspiritgfschool.org](http://holyspiritgfschool.org)

## Reconciliation:

Saturdays 2-4 pm; Wednesdays 5:30-6:30 pm

## Mass Schedule:

Weekend Masses:

Saturday 4:30pm

Sunday 8:30 am (live stream) & 11:00 am

Week day Masses:

Monday 8:30 am

Tuesday 5:15 pm

Wednesday 8:30 am

\*2nd Wed. Park Place, 1:30 pm

\*3rd Wed. Highgate, 1:30 pm

Thursday 8:30 am

Friday 8:30 am

Saturday 8:30 am



## Adoration:

Sunday 7 pm -- Tuesday 5 pm

"Lent is a time of going very deeply into ourselves...What is it that stands between us and God? Between us and our brothers and sisters? Between us and life, the life of the Spirit? Whatever it is, let us relentlessly tear it out, without a moment's hesitation." ~ Catherine Doherty



Join the Knights of Columbus Council #9395  
for their monthly  
Breakfast Burritos and cinnamon rolls!  
Sunday February 19, after Masses.  
Free will offering.



Our next Baptism Preparation sessions are  
March 5 and 12 at 1:00pm at Peter & Paul.  
If you would like to have your child Baptized at  
Holy Spirit, you need to attend these sessions.

Ash Wednesday Mass times: 8:30 (w/school), 12:15, 6:00  
Stations of the Cross: Fridays 5:30pm beginning Feb. 24  
Lenten Retreat: Saturday March 4, 8:30(Mass) - 4:30(Mass)  
Lenten Reconciliation Service: March 22nd at 6:00pm  
Happiness Series w/Potluck Dinner:  
Tuesdays beginning Feb. 21, after 5:15 Mass



## Parish Staff:

Fr. Doug Krings Pastor

Dcn Pete Woelkers Deacon

Aubrey Rearden Parish Administrator  
Worship

Kimberly Gaa Christian Service

Nick Wingerter RCIA,  
Adult Formation

Mary Moore-Wingerter Administrative Asst.

Abbie Greff & Mary Proud Elem. Formation

Brien Rosendale Youth & Young Adult  
Pre-Marriage

Tracy Tomich Custodian

Janet Knutson Funerals/Weddings

## We Are an Offering

Thank you to all who have responded so generously to the Annual Catholic Appeal. Over 1,000 Catholic families have already given to the Appeal. The success of this campaign depends on the faithful, steadfast, and devoted members of our faith family both here at Holy Spirit and throughout the Diocese. Your support is greatly appreciated, for it is through your sacrifice and deep convictions that we may grow as a faith community and will continue Christ's work across eastern Montana. If you have not yet made your commitment, please prayerfully consider a gift over the next week and watch for more information in the bulletin. Thank you!



Giving is Safe,  
Simple & Secure!



Visit Our Website  
to give electronically @  
[www.DioceseGFB.org/ACA](http://www.DioceseGFB.org/ACA)



Mail To:  
Diocese of Great Falls-Billings  
Annual Catholic Appeal  
PO Box 1399  
Great Falls, MT 59403-1399



Make a Stock Gift  
Call the Diocese Development  
Office @ (406) 604-1854

Weekly Happenings~

Mass Intentions:

Mass	Intention	Requested by
Sat 2/18–11:00 am -4:30 pm	+Katherine Chovanak +Louise Osterman	R Chovanak B Nevala
Sun 2/19-8:30 am -11:00 am	Greg Kushnak (sp int) Parishioners	K Goulet
Mon 2/20–8:30am	+Patricia Conroy	J Conroy
Tue 2/21-5:15 pm	+Mary LaRance	Family
Wed 2/22-8:30 am 12:15 6:00	+Louise Osterman +Marge Tarnowski Marie Stimac family (S I)	Nadeaus J Tarnowski St. Martin de Poore Group
Thu 2/23-8:30 am	+Kay and Ed Darko Jeff & Janice Fauque fam. (S I)	D & V Darko M Fauque
Fri 2/24 –11:00 am	Funeral Mass for Roberta McGalliard	
Sat 2/25– 8:30am 4:30pm	+Dolly Seifert +Don Parson	J Jewett S Mohler
Sun 2/26– 8:30am - 11:00am	Parishioners Michelle & Chris Fields fam.	M Fauque

Bus Schedule

Sunday, Feb 19: Roger and Kay Seilstad  
Sunday, Feb 26: Tom Balyeat and Pam Noble

Coffee and Rolls

Sunday, Feb 19: Knights of Columbus  
Sunday, Feb 26: Patty Ford and Friends

Calendar of Events Feb 18–26

<b>Saturday:</b>	8:30am daily Mass 4:30pm Mass	
<b>Sunday:</b>	8:30 & 11:00am Masses KCs Burritos and Rolls! NO Elem Formation Bible Study-1pm Adoration—7pm	
<b>Tuesday:</b>	Bereavement Team—4:00pm 5:15 Mass Happiness potluck—6pm	
<b>Wednesday:</b>	Young Adult Bible Study—6:30am Ash Wed. Masses, 8:30, 12:15, 6:00 HS Youth Group—6:30pm	Schultes Sts. P&P
<b>Friday:</b>	8:30am Mass Stations of the Cross—5:30pm	
<b>Saturday:</b>	8:30am daily Mass 4:30pm Mass	
<b>Sunday:</b>	8:30 & 11:00am Masses Coffee and Rolls Elem. Formation—9:45am Bible Study-1pm Adoration—7pm	Sts. P&P

Liturgical Ministers for Feb 25, 26

4:30 PM	8:30 AM	11:00 AM
★ Sub requested ~ please log in to Web Terminal and accept the sub		
		Holy Wash
		C Fuhrman
Sacristan		
R Huntsinger	M Moore-Wingenter	J Benner ★
Greeters		
D Stukey M Handwerk	D Koth D McGuire	D Barros S Barros
Gift Presenters		
	Gorts	
Altar Servers		
A Fitzpatrick	D Azar N McKelvey	T Hansen T Hansen
Readers		
K Nyman-Wendt L Hazelton	C McKelvey J Van Heel	A McKinney C Christiaens
Musicians		
L McCain	J Jonasen	J Jonasen
Ministers of the Eucharist		
T Stukey D Stukey A Klundt P Hilgendorf C McCain	L Durocher J Durocher L O'Neill J Gort P Woelkers	V Flick S Harrington K Krattiger T Balyeat P Woelkers

Worship

Aubrey Rearden –Worship Coordinator  
452-6491 ex. 1 [aubrey@holyspiritgf.org](mailto:aubrey@holyspiritgf.org)  
Mary Wingerter—Ministry Scheduler

The February through April schedule is complete! Please log into the Ministry Scheduler and check out your assignments. Thank you for your willingness to minister to our community!

Readings for next week First Sunday of Lent

1st Reading: Genesis 2:7-9, 3:1-7  
2nd Reading: Romans 5:12-19  
Gospel: Matthew 4:1-11

Financial Report

2nd Quarter: Oct 2022-Dec 2022  
Income: \$285,710.19  
Expenses: \$255, 927.06

Building Loan Balance  
7/6/2022: \$1,138,649.60  
2/2/2023: \$1,087,131.62

**Call Parish Office for information on Adult Disciple Apprenticeship, or Adult Formation**

**For all who seek to become Christian believers**

Call Nick at the office, ext 4, or come **Wednesdays**. at 7 pm in the Adult Education room (Sts. Peter and Paul Center) all year round.

**Youth Ministry**

Brien Rosendale  
452-6491 ext. 6; brien@holyspiritgf.org

**Brien can still use volunteers for both middle school and high school gatherings. He needs parents to sign up to provide lunch/dinner. High School Youth Group will gather Wednesday evenings at 6:30pm, dinner will be provided. Middle School Youth Group will be meeting at the Happiness Series on Tuesday nights after the 5:15 Mass, about 6pm. Please come and join us!**

**February Schedule:**

**High School Youth Group:**

22<sup>nd</sup> after Ash Wednesday Mass

**Young Adult Ministry**

Brien Rosendale  
452-6491 ext. 6; brien@holyspiritgf.org

Young Adult Couples. We have an opportunity for dance lessons! For \$100 a couple we will be participating in a 4 week class taught by John and Laurie Johnson at Miss Linda's School of Dance. We will be meeting each Sunday at 4pm at their studio for an hour long beginner class. This class will go over basic moves that accompany slow dance, 2-step and fox trot. The first class will be held on Sunday March 5. Things to note, we will provide child care for couples who request it. This class is limited to 10 couples so please contact Brien to reserve your spot. This is going to be an ongoing opportunity with various styles of dance, so get your partner and your dancing shoes and come join us!

**Elementary Faith Formation**

Elementary Formation (Pre-K - 6th Grade)  
& Sacramental Prep (2nd Grade)  
Abbie Greff, abbie@holyspiritgf.org &  
Mary Proud, maryproud@holyspiritgf.org

Elementary Formation meets on February 26th at 9:45am in the Peter and Paul Center.

**Holy Spirit School**

Melissa Hallahan, Principal, mhallahan@holyspiritgf.org  
Kelly Lopes, Robin Verzuh Administrative Assistants  
Jenifer Thomas, Development Director  
761-5775 www.holyspiritgfschool.org

Holy Spirit Catholic School celebrated St. Valentine's Day with many cards, flowers, and candy! We were showered with love from Parish members giving prayer cards, candy and a handbook on Holy Moments. We are so blessed with all your love.

We are in full swing of enrollment for the 2023-2024 school year! We are so excited to be welcoming many new families to our school. If you or someone you know would like more information about what we have to offer please direct them to our Development/Admissions Director Jenifer Thomas 406-761-5775.

As Parish members you receive a 10% discount on HSCS tuition. We also offer many scholarship options for kindergarten through 8th grade for the coming 2023-2024 school year! If you would like more information, please contact Jenifer Thomas at 406-761-5775 or jthomas@holyspiritgf.org.

**Christian Service**

Kimberly Gaa, 452-6491 ext 7  
kimberly@holyspiritgf.org

*We will meet for Coffee and Conversation Wednesdays after 8:30 Mass. All are welcome!*



*Bereavement Team meeting,  
Tuesday Feb. 21.  
Grief Support Group,  
Tuesday Feb. 28.*

During the State Legislative Session, you can find information and ways to support our Catholic Church by following the Montana Catholic Conference at <https://montanacc.org/> for information on Catholic advocacy and social teaching regarding upcoming legislation.

This year the Catholic Dioceses will have a lobbying opportunity in Helena on Tuesday, April 4th for anyone interested in participating.

*Rice Bowls are available at the entrances of the church and by the font. Please be sure to read through the attached flyer for information on what Catholic Relief Services does with the money collected.*

*40 Days for Life begins Ash Wednesday. Please consider signing up for a time on Thursdays to pray at Planned Parenthood. Sign up sheets are in the back of the church.*





## Music

### Upcoming music practice:

Wednesday March 8 and March 22, 5:30pm. Any questions please call Laur 868-4152 or Jen 799-0961. Thank you!

## Courtesy Announcements

### Worldwide Marriage Encounter Experience:

As married couples, none of us are perfect and sometimes we step on each other's toes—sometimes we do it without even realizing it. The Marriage Encounter Experience is an opportunity to discuss those little hurts before they become big hurts. What's even better is that you do it in the privacy of your own room and with a new communication technique that creates an atmosphere of safety and confidence. The next Experience will be in Elk Mountain, WY, April 21-23. Application fee is \$100 and an opportunity to make a donation on Sunday of the Experience. For information call Tom & Mary Frances Burke; Tom 307-259-2392, Mary 307-259-5394, [tommfburke@gmail.com](mailto:tommfburke@gmail.com),



### It's Fish Fry Time!

The Knights of Columbus are gearing up for their annual Lenten Fish Fry Fridays on February 17th, March 3rd, 17th, and 31st. 906 Central Ave West  
Both baked and fried fish, fresh cut fries, coleslaw, and rolls.  
Adults \$15, kids 6-16 \$10, pre-school free.  
To go orders available, or dine in.  
Come join us!



## Catechism Corner

### Do I have to follow the Commandments? (CCC 2052-2055)

God is the source of all goodness, and goodness itself (2052). As giver of the Law (Ex. 20:2-17), God's Law is a good gift given to humanity to live a good life. Our concupiscence, the nagging side effect of original sin, corrupts our hearts to view the Commandments as a restriction on our free will rather than an escape from the slavery of sin. The Commandments are not removed as a condition of discipleship, but Christ illuminates their meaning by highlighting the theological virtue of love as the key to understanding the deeper meaning: "love the Lord thy God with thy whole heart and with thy whole soul and with thy whole mind...love thy neighbor as thyself" (Mt. 22:37,39) (2055). The key of love internalizes the meanings of each Commandment, revealing the thoughts of the heart, as well as our actions, as culpable of sin as well. Throughout the Sermon on the Mount (Mt 5-7), Jesus fulfills the Law of Love by the pattern of "You have heard... But I say to you" both affirming His Divine Eminence and demanding loving hearts (2054). This supersession of the Law is seen as blasphemy by the Pharisees, but Jesus as Divine Logos proclaims the preeminence of love as the key to our salvation. St. Paul, a redeemed Pharisee, picks up on this theme as well as he writes to the Romans: "'You shall not commit adultery; you shall not kill; you shall not steal; you shall not covet,' and whatever other commandment there may be, are summed up in this saying, namely 'You shall love your neighbor as yourself.' Love does no evil to the neighbor; hence, love is the fulfillment of the law" (13:9-10).

### "Come to Me"

~ Matt 11:28



### Catholic Women's CONFERENCE

#### SPA DAY FOR THE SOUL

Join women from Montana and beyond for prayer, speakers, music, fellowship, and more!  
Our "Spa Day" includes Mass.

## SAVE THE DATE

FRIDAY, APRIL 14, 2023 - 5:30 PM  
ROSARY & MASS OFFERED FOR FAMILIES  
FOR ALL MEN, WOMEN & CHILDREN  
CATHEDRAL OF ST. HELENA

## CATHOLIC WOMEN'S CONFERENCE SATURDAY, APRIL 15, 2023

CIVIC CENTER ~ HELENA, MONTANA

[helenacwc.com](http://helenacwc.com)

"Cum Christo is an outgrowth of the Cursillo movement in the Diocese of Great Falls-Billings. The weekend experience is an encounter with Christ."



**Men's Weekend: February 23-26, 2023**

Rector: Bob Meyers, 406.454.6995

**Women's Weekend: March 2-5, 2023**

Rectora Michelle Koppany-Klesh, 406.868.7388

Both Weekends at the Ursuline Center

The Cum Christo weekend is full of power, beauty and joy! This is NOT a retreat. You will have an opportunity to set aside your worldly activities and focus on your relationship with God and His church. You will live and study together in song, prayer, worship and discussion. We offer you a Cum Christo, a 3-day period of spiritual renewal of your Christian Faith. Please call Bob or Michelle with questions. Applications are available at the parish office. For more information please check out our website: [bigskycumchristo.org](http://bigskycumchristo.org).  
Remember the Palanca 4th dayers!



Daughters of the American Revolution is hosting a Dine and Donate Fundraiser with Five Guys in Great Falls MT to support the YWCA Great Falls! 15% of your purchase will be donated.  
No coupon or flyer needed.  
2104 10th Ave S; 5pm—7pm to benefit the YWCA!

## Milestones



Welcome to **Carlos and Vera Lopes** who recently registered at Holy Spirit Parish.

**Saint Michael Radio ~ FM 97.1**  
**"Sharing the Splendor of Truth"**

**Holy Spirit Catholic Parish**  
Father Doug Krings

## LENT 2023




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
"Lent is the liturgical season of forty days which begins with Ash Wednesday and ends with the celebration of the Paschal Mystery (Easter Triduum). Lent is the primary penitential season in the Church's liturgical year, reflecting the forty days Jesus spent on the desert in fasting and prayer." <i>Constitution of the Catholic Church</i> .	26 Imagine being responsible for all the souls in the world. After a liturgy for the intentions of the pope	27 Ask God to show you what is keeping you from experiencing His love fully every day, and deal with it by fasting.	28 Offer an extra small sacrifice for God, just for today - coffee without cream, lukewarm shower, no lipstick, etc.	29 Enjoy peace - a traditional Lenten wish. The "extra" of the peace recalled monks at prayer.	30 Enjoy peace for opportunities to practice the virtues of humility, patience and kindness.	31 The Bible teaches us to busy ourselves and give instead of those in need. Read Matthew 6:1-10 to learn more about "artificial almsgiving."
5 After Mass today, go out to eat with all of parishioners from church.	6 The deeper is so you can still. Give glory in the Catholicism for an unforgotten Lent and learn the Church's teaching about it.	7 Pick an issue in the news and pray over it today.	8 Figure out on which issues you spend the most money. Take a look at that news and put it in the poor box at church.	9 Pray the Rosary for those who have no one to pray for them. Look here: <a href="http://www.usccb.org/prayer/roshay.htm">http://www.usccb.org/prayer/roshay.htm</a>	10 Resist "false charity." Don't research trivial questions or follow every "blessed thread." Unless it's in the Lent, it's okay not knowing.	11 Pay for pregnant mothers and their babies. Consider donating to pro-life charities that help women in crisis.
12 Read John 4:1-10. How a Christ calling you closer to Him? What "you" would you have been?	13 Refuse to gossip, either in person or on a news station every person is keep silent.	14 Do an act of kindness. Whichever quality or strength, do it for God's glory. It's really His you're serving.	15 Attend Confession and experience God's mercy. Resolve to make amends where you can.	16 Check out Catholic Relief Services to see how you can support their projects. Look here: <a href="http://www.crs.org">http://www.crs.org</a> .	17 St. Patrick's Day In honor of St. Patrick, exchange silently by wearing a symbol of your faith (e.g., a cross, medal).	18 Contact local shelters and soup kitchens and ask if they need volunteers.
19 Lecture Sunday Unless it's silent, enjoy something you gave up for Lent in joyful surprise of Easter!	20 St. Joseph's Day St. Joseph silently, address for Mary and Jesus. Pray for fathers and children to St. Joseph's name.	21 Do an act of kindness. Whichever quality or strength, do it for God's glory. It's really His you're serving.	22 Take the box of clothes you set up on March 4 to a clothing drive.	23 Pray for an increased faith throughout the Church in the Real Presence of Christ in the Eucharist.	24 Practice patience... patiently. "Be patient with everyone for first of all with yourself." St. Francis on patience.	25 Annunciation of the Lord Very said "Yes" to God's plan. Pray three Hail Marys for the grace to give your "Yes" to Him, too.
26 Fast from unnecessary screen use today. Use the time to read a book, walk outside, pray.	27 To 6 weeks, get up when the alarm goes off and offer your day to God's service.	28 Send your parish priests a "spiritual bouquet" - listing the prayers you'll offer for them (e.g., three Hail Marys, at Our Father).	29 Today, experience an "around" or there you've been putting off.	30 The Our Father is the prayer given to us by Jesus. Pray each line slowly. Really think about what you are saying.	31 Today, first from complaining. Cultivate gratitude instead.	1 April Good Friday Deadlier, dust, and clean the house in preparation for Holy Week, the holiest time of the year.
2 Easter Sunday Display flowers in your home. Read the story of Christ's resurrection in the Gospel (John 20:1-9).	3 Holy Week is a busy time for parishes. Stop by your parish office and ask how you can help.	4 Pray for those who are coming into the Church at the Easter Vigil.	5 Jesus, the Christ, the Christ. Consider how our sins destroy Jesus and make a sincere Act of Contrition.	6 Holy Thursday Visit the Blessed Sacrament. Offer Him your love for the "Last Supper" of God's love. (Matthew 26:40).	7 Good Friday Read the Passion Narrative (John 18:19, see Jesus) offering of love for you. How will you respond?	8 Holy Saturday Remember your baptism now and commit to living your faith more fully this year.





## CRS Rice Bowl Campaign 2023:

Pick-up your Rice Bowls and return to Holy Spirit Parish  
on or before Good Friday, April 7, 2023.

[crsricebowl.org](https://crsricebowl.org)



PRAY EVERY DAY THIS

# LENT



"The resources on this app draw me to redirect my attention to the face of God and the voice of Christ."

**FR. JOSH JOHNSON** Author and Podcast Host

"The Hallow app has given me structure, focus, and encouragement in my prayer life in a time when I need it most...What a gift it is to be praying with hundreds of thousands of people all over the world through this app."

**EMILY WILSON** Author and Motivational Speaker

## Hallow

LENT 2023

# PRAY • FAST • GIVE

## Deepen your prayer life this Lent with Hallow



### Daily Prayers

Start your day with the Daily Gospel, Rosary, Examen, or one of over 5,000 sessions, including daily meditations, homilies, reflections, and Bible studies.



### Family Content

Pray as a family with weekly Mass Prep, or guide your little ones with introductory prayer sessions for ages 3 and up as well as sacrament prep.



### Bible Stories & Sleep Content

Close your day with Christ with an Examen, Night Prayer, or a Rosary with guests like Bishop Barron, Mark Wahlberg, and Jonathan Roumie.

## Hallow

[hallow.com/pray](https://hallow.com/pray)



"I have prayed for a guide during Lent and I have found it! Thank you Hallow!"

Scan with your phone

